



# December 2009

## Maine Township MaineStreamers

1700 Ballard Road, Park Ridge, IL 60068 1-847-297-2510

### Mission Statement

To enhance the quality of life for residents 55 years of age and older by providing a broad array of educational programs and recreational activities that encourage, socialization, learning and promote independence, self esteem and dignity.

### Supervisor's Christmas Message to MaineStreamers - 2009

*A very Merry Christmas and Happy Hanukkah to all of our MaineStreamers! Can you believe another year has gone by?*

*We are truly grateful for all we have; wonderful family and friends, good health, and a safe place to live in the greatest country on earth! So let us forget our quarrels, forgive an enemy and think first of someone else. Let us develop a child-like outlook on life and marvel in the wonders of the season.*

*As we gather with family and friends this December, let us not forget our men and women in the military, far and near, who cannot be with their families. May God bless them and keep them safe as they defend freedom on our behalf.*

*On behalf of the entire Maine Township Board and the staff of Maine Township, we wish you and yours a joyous and peaceful holiday season!*

*Carol A. Teschky, Supervisor*

### HOLIDAY LUNCHEON

**Sunday, December 6**

**Doors Open: 11:00 a.m.**

**Lunch Served: 12:00 noon**

**Chateau Ritz, 9100 Milwaukee Rd., Niles**

**Cost: \$15.00 members/\$21.00 guests + \$2.50 Fish**



Start out the Holidays right spending an enjoyable afternoon with the MaineStreamers! Lunch will be Cream of Broccoli Soup, Prime Rib of Beef or Tilapia (FISH choice), Baby Carrots, Parisian Potatoes and Peppermint Stick Ice Cream for Dessert. Then stay for our extended entertainment by MidNite Xpres, a 5-piece band, whose vocalist is formerly of Tony and Tina's wedding - guaranteed to get you dancing. Table prizes will be raffled to top off this event! Please note, there will be NO Bingo at this month's luncheon!

**Reservations and cancellations must be received by Monday, November 30th!**

**Next luncheon: Wednesday, January 13, 2010 at Chateau Ritz in Niles!**

### \*\*\*\*IMPORTANT NOTICE\*\*\*\*

Every two years we "clean up" our membership list to save on postage and printing expenses. **So please read this message.** If you have not participated in a year or more in any of the MaineStreamer activities and would still like to be on our mailing list to receive our newsletter please fill out the area on the Registration Form. Failure to do so will result in your name being removed from our mailing list. Thank you.

### FAREWELL DAWNE

Dawne Hayman, Senior Associate has taken a position with the General Assistance Department at Maine Town Hall. Dawne was a wonderful person to work with. We wish her the best of luck!

**Maine Town Hall will be closed  
Thursday, December 24th &  
Friday, December 25th  
for the  
Christmas Holiday.**

### Day Trip Information

Rate 1-“Easy” means usually one stop, some walking and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and sometimes stairs.

Rate 3-“Difficult” means that there are at least two stops and sometimes stairs and moderate to heavy walking.

### Cancellation Policy

When canceling please keep in mind that we need to be able to resell your ticket first. If we are able to resell, a \$3.00 cancellation fee will be charged per ticket. If the ticket is not resold, there will be no refund.

### Guest Policy

If the trip indicates that guests are allowed the policy is one per paid member.

### Special Requests

Please limit your request to sit with one person only and indicate this on your registration form. Also, if you need any special assistance, such as wheelchair access, special menu etc...indicate this on the Registration Form.

Please enclose a self-addressed stamped envelope for each day trip!

**DEPARTURE POINT - GOLF MILL MALL SOUTH PARKING LOT.**



### **THE ADDAMS FAMILY**

**Chinatown and Ford Center for the Performing Arts**

**Wednesday, January 6 - 10:00 a.m. to 6:00 p.m. - Trip Rate 3**

**\$94.00 members/\$99.00 guests**

Don't miss this new musical based on the bizarre and beloved family of characters created by legendary cartoonist Charles Addams. Two time Tony award winners Nathan Lane and Bebe Neuwirth will star as Gomez and Morticia. Our seats will be in the front balcony. Prior to the show we will have lunch at the **New Three Happiness Restaurant**. Enjoy a family style meal featuring Egg Rolls, Orange Chicken, Beef with Mixed Vegetables, Mandarin Style Pork Chop, Shrimp with Lobster Sauce and Chicken Fried Rice. Dessert will include a Fortune and Almond Cookie. There is limited seating so sign up early!

### **FUNNY GIRL**

**Drury Lane Oak Brook**

**Thursday, January 14 - 10:30 a.m. to 5:00 p.m. - Trip Rate 1**

**\$56.00 members/\$61.00 guests**



This show/musical is her story, set in and around New York City just prior to and following World War I. Ziegfeld Follies star Fanny Brice gets her first job in vaudeville...and let the fun begin! Prior to the show you will choose between **Roast Sirloin of Beef** or **Tilapia**. Both served with Spinach Mandarin Salad, Garden Vegetables, Potatoes or Rice, Bread and Dessert!



### **PAR-A-DICE OVERNIGHT GAMING TRIP**

**Peoria and East Peoria, Illinois**

**Departs: Wed., Jan. 20 - 9:00 a.m. Returns: Thurs., Jan. 21 - 3:30 p.m.**

**\$128 Double Occupancy/\$178 Single Occupancy**

Let's try our chances as we travel to The Par-A-Dice Hotel and Casino in Peoria. Our first stop will be at **The Cracker Barrel**. You will choose from their famous Country Dinner menu. Then we have a brief stop at the **Lake View Museum**. You will view the sky shows entitled Hubble Vision. Now we are off for fun and games as we arrive at the beautiful Par-A-Dice Hotel. Included is your overnight accommodations, Dinner and Breakfast Buffets in the Par-a-Dice Island Buffets. You will also receive 20,000 Bonus Points (Equal to \$20.00 cash) with 2,400 earned points on your B-connected card. All guests must be 21 years old with a valid government issued I.D. So, enjoy an overnight stay and a variety of slot machines, gaming tables and more... If you are rooming with another person, please list them on the Registration Form!

### **UPCOMING DAY TRIPS**

**Disney on Ice Celebration!**

**Northwest Suburbs**

**Friday, February 5 - Trip Rate 3**

**9:30 a.m. to 3:30 p.m.**

**\$57.00 members/\$62.00 guests**

**Kenny Rogers**

**The Paramount Theatre, Aurora**

**Sunday, February 14 - Trip Rate 2**

**12:30 p.m. to 7:30 p.m.**

**\$97.00 members/\$102.00 guests**

**"Those Fabulous 50's and 60's"**

**The Fireside Theatre, Ft. Atkinson, WI**

**Thursday, February 18 - Trip Rate 1**

**\$95.00 members/\$100.00 guest**

### **CLASSES**

#### **BASIC CARD MAKING CLASS**

**Tuesday, December 1**

**1:00 p.m. to 3:00 p.m.**

**Cost: \$10.00 - includes supplies**

Come on make three lovely cards that are easy to do! This is a FUNtastic class!



#### **COMPUTER WORKSHOP**

**"My Documents"**

**Monday, December 7**

**2:00 p.m. to 3:30 p.m.**

**Instructor: Lee Huber**

**Cost: \$10.00 members/\$15.00 guests**

Is your "My Documents" folder a messy collection of files, folders and pictures? Attend this workshop to learn how to organize your files and pictures.

#### **ZUMBA GOLD**

**Tuesdays, December 8 to January 26**

**1:00 p.m. to 2:00 p.m.**

**Instructor: Diane Garvey**

**Location: Golf Maine Park District  
Feldman Center, 8800 Kathy Lane, Niles**

**Cost: \$20.00 members/\$25.00 guests**

This exercise class is all the new rage. Designed specifically for seniors, Zumba Gold fuses Latin rhythms and easy to follow moves.



#### **CHRISTMAS GIFT TAGS CLASS**

**Thursday, December 10**

**6:00 p.m. to 8:00 p.m.**

**Instructor: Collector Mary Rohde**

**No Charge - Registration Required**

Collector Mary Rohde will be sharing her creativity by conducting a class on making gift tags for the holiday season. Supplies are included at no charge.

### **EXTENDED TRIPS 2010**

**Sunny Southern California**

**Featuring Los Angeles & San Diego**

**February 21-28, 2010 - 8 Days**

**American Classic Tours**

**Mystery Tour**

**March 21-27, 7 Days**

**American Classic Tours**

**Uniworld Paris & Normandy River Cruise**

**May 1-9, 8 Days**

**Viking Travel Service**

**For a flyer please call the  
MaineStreamers at 1-847-297-2510.**

Mark your Calendar....Join Mary Swanson and the MaineStreamers for a once-in-a-lifetime adventure to New Zealand and Australia...This 14 day trip will depart on September 10 and return on September 22. Details to follow in upcoming newsletters.

### **RECREATIONAL PROGRAMS**

#### **BINGO**

**Thursday, December 3**

**Town Hall, 1700 Ballard, P.R.**

**Friday, December 18**

**Oakton Arms, 1665 Oakton Pl., D.P.**

**Doors Open: 12:00 noon**

**Games: 1:00 p.m.**

**Cost: \$2.00 or 2 Coupons each Bingo\***

Come and enjoy playing Bingo! Prizes, delicious sweet rolls and coffee are included. \*Coupon books of 5 coupons for \$5.00 can be purchased at either Bingo.

#### **MOVIE OF THE MONTH**

**The Proposal - PG13**

**Tuesday, December 15**

**Movie Begins: 1:00 p.m. to**

**3:00 p.m.**

**Cost: \$2.00 or 2 Coupons**

**Popcorn & Soda included**

Andrew Paxton has slaved as the assistant to Margaret Tater. When Margaret faces deportation for an expired visa, she hatches a scheme to marry him. Sandra Bullock and Ryan Reynolds star.



#### **BOWLING OUTING**

**Thursday, December 10**

**11:00 a.m. to 2:00 p.m.**

**River-Rand Bowl-191 S. River Rd. D.P.**

**\$17.00 members/\$19.00 guests**

You will enjoy two games of bowling, prizes and a lunch featuring Salad and Pizza. Prizes will be awarded.



**WOMEN'S HOLIDAY TEA**  
**Thursday, December 17**  
**10:30 a.m. to 12:00 noon**  
**Cost: \$3.00 or 3 coupons**

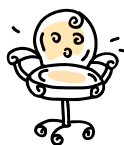
Bring the holiday spirit with you as we celebrate and enjoy the music of Ty Gram. She will perform many of your holiday favorites!

**HEALTH PROGRAMS**

**BLOOD PRESSURE SCREENING**  
**Wednesday, December 2**  
**10:00 a.m. to 12:00 noon**  
**Senior Advocate Office**  
**8820 Dempster, Niles**

FREE blood pressure screening is offered by Advocate Lutheran General Hospital.

**TWILIGHT DINING**  
**The Kampai**  
**2330 S. Elmhurst Rd., Mt. Prospect**  
**Tuesday, December 22**  
**Arrival: 5:30 p.m.**  
**Dinner Served: 6:00 p.m.**  
**Cost: \$35.00 members/\$37.00 guests**  
 Our dinner will start with Soup, Salad and Shrimp Flambé appetizer. Our entrée, which is cooked at the table, will be the Kampai special: Stir Fried Vegetables, Steamed Rice, 4 oz. Sirloin Steak, Chicken, and 2 more Golden Shrimps. Ice Cream for Dessert!



**STAY FIT WHILE YOUR SIT:**  
**ERGONOMICS FOR A HEALTHY YOU**  
**Wednesday, December 9**  
**10:00 a.m. to 11:00 a.m.**  
**No Charge - Registration Required**

This presentation conveys aspects of how those who sit throughout much of the day can prevent or reduce the incidence of back problems, neck problems, Carpal Tunnel Syndrome and more. Topics covered includes how to prevent injuries by sitting properly, how to avoid repetitive motion injuries, risk factors and the role of a Chiropractor.

**CANASTA TOURNAMENT**  
**Tuesday, December 29**  
**10:00 a.m. to 12:00 p.m.**  
**Cost: \$4.00 members/\$6.00 guests**  
**Registration Required**



Come and enjoy some fun competition in a Classic Canasta Tournament. You will be assigned a partner at random. Prizes will be awarded. Sweet Rolls and Coffee will be served.

**MEMORIAM**  
**Joan Paul**  
 If you know of someone who is ill or has passed away, we would like to send a card. Please call the MaineStreamers at 1-847-297-2510.

**VOLUNTEER OPPORTUNITIES**

**NEWSLETTER MAILING**

Mark your calendar for Thursday, December 10th from 9:00 a.m. to 12:00 noon. Come and help us collate and fold the January Newsletter. Enjoy bakery prepared by our one and only Helen.

**F.I.S.H.**  
**VOLUNTEER DRIVERS NEEDED!!!**  
 We **NEED** volunteer **drivers!!!** If you are interested in providing transportation to township residents who need local rides to medical appointments, etc...please call Gloria Stepek at 847-297-2510 ext 283.

**Philips Lifeline**  
**Emergency Response System**  
 Lutheran General Hospital Older Adult Services and Maine Township are partnering to provide Philips Lifeline Service for our community. Lifeline is a personal response system that links you to 24 hour assistance at the push of a button in case of an emergency. There are many different reasons people subscribe to Lifeline. Among these are: people who live alone, post-operative patients, impaired older adults, and physically challenged persons. This partnership will help save you \$80.00 in installation fees. This will be an ongoing partnership. To learn more call Older Adult Services at 847-296-0737.

## **DECEMBER REGISTRATION FORM**

1. Complete form, sign name and detach entire registration form. If you are signing up another member we must also have their registration form.

**Please do not staple or scotch tape checks!**

2. Mail Only (No walk-ins or phone reservations) to:

Maine Township MaineStreamers (M.T.M.S.)

1700 Ballard Road

Park Ridge, IL 60068

3. Enclose a separate check and/or coupon for each event and make checks payable to M.T.M.S.

Indicate number attending each event by placing the number in the space before each event.

\_\_\_\_\_ **Yes, please keep me on the mailing list.**

### **Recreational Activities**

\_\_\_\_\_ Bingo at Town Hall - Thursday, December 3 - \$2.00 or 2 Coupons

\_\_\_\_\_ Bingo at Oakton Arms - Friday, December 18 - \$2.00 or 2 Coupons

\_\_\_\_\_ "Holiday" Luncheon" - Sunday, December 6 - \$15.00 members/\$21.00 guests  
+ \$2.50 FISH

\_\_\_\_\_ Movie of the Month - "*The Proposal*" - Tuesday, December 15 - \$2.00 or 2 coupon

\_\_\_\_\_ Bowling - Thursday, December 10 - \$17.00 members/\$19.00 guests

\_\_\_\_\_ Women's Tea - Thursday, December 17 - \$3.00 or 3 coupons

\_\_\_\_\_ Twilight Dining - Tuesday, December 22 - \$35.00 members/\$37.00 guests

\_\_\_\_\_ Canasta Tournament - Tuesday, December 29 - \$4.00 members/\$6.00 guests

### **Classes**

\_\_\_\_\_ Card Class - Tuesday, December 1 - \$10.00

\_\_\_\_\_ Computer Workshop - Monday, December. 7 - \$10.00 members/\$15.00 guests

\_\_\_\_\_ Zumba Gold - \$20.00 members/\$25.00 guests for 8 classes

\_\_\_\_\_ Gift Card Class - Thursday, December 10 - No Charge

### **Health Program**

\_\_\_\_\_ Stay Fit: Ergonomics - Wednesday, December 9 - No Charge

### **Day Trips -2010**

1. Please remember to send a self-addressed, stamped envelope for EACH trip!

2. On Day Trip(s) please seat me with (Limit 1): \_\_\_\_\_

3. Special Needs: Wheelchair Accessibility, Visual/Audio aids, etc..) Please Specify:

\_\_\_\_\_ "The Addams Family" Trip - Wed., January 6 - \$94.00 members/\$99.00 guests ☐

\_\_\_\_\_ "Funny Girl" Trip - Thurs., January 14 - \$56.00 members/\$61.00 guests ☐

**Choose entrée:** \_\_\_\_\_ **Roast Beef** or \_\_\_\_\_ **Tilapia**

\_\_\_\_\_ "Par-A-Dice overnight" Trip - Jan 20 & Jan. 21- \$128.00 Double/\$178.00 Single ☐

**Date of Birth needed:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **and/or** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Double - List Roommate's name as shown on I.D.:** \_\_\_\_\_

**List your name as shown on I.D.:** \_\_\_\_\_

**Print Your**

**Name:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_