



September 2009



Maine Township MaineStreamers

1700 Ballard Road, Park Ridge, ME 60068 1-847-297-2510

Mission Statement

To enhance the quality of life for residents 55 years of age and older by providing a broad array of educational programs and recreational activities that encourage socialization, learning and promote independence, self esteem and dignity.

No spring nor summer beauty hath such grace as I have seen in one autumnal face.

John Donne

Greetings from Mary!

My staff and I have had so many wonderful experiences this past summer with you. Whether we were together on one of the day trips to Greendale, Wisconsin or Millennium Park or at a luncheon watching some of you get up and dance - what a great season of activities we had. It never ceases to amaze me after 30 years working with seniors how much you all enjoy your lives. I myself, as well as my staff, Marjorie, Therese, Monika, Dawne, Barb Wells, Barb Winiecki and Helen Jung would agree! As time goes on, please feel free to share ideas on trips, classes and programs with any of us! Your input really helps in offering the kinds of activities you would like us to provide. As always, a special thanks to our Elected Officials for their continued support!

Mary Swanson, Director

Town Hall will be closed on Monday, Sept. 7, 2009 in observance of Labor Day.



AUTUMN LUNCHEON

Wednesday, September 9

Chateau Ritz, 9100 Milwaukee, Niles

Doors Open: 11:00 a.m.

Lunch Served: 12:00 p.m.

Cost: \$15.00 members/\$16.00 guests

+ \$2.50 Fish

Join your fellow MaineStreamers for a wonderful luncheon. Our meal will start with Salad, then enjoy Stuffed Chicken Breast with Wild Rice or the Fish Choice of Salmon, Baby Carrots, Whipped Potatoes and Vanilla Ice Cream for Dessert. You absolutely do not want to miss the entertainment! The Legacy Girls, dressed as the Andrews Sisters will perform! Bingo will follow! Blood Pressure Screenings sponsored by Resurrection Healthcare.

Reservations and cancellations due by Wednesday, September 2nd. (No Exceptions)

Next Luncheon will be on Tuesday, October 13th at Chateau Ritz.

**Luncheon Sponsored by
Liberty Bank for Savings**

COMMUNITY GARAGE SALE Saturday, October 3, 2009 1700 Ballard Rd., Park Ridge 9:00 a.m. to 3:00 p.m.

Help support Maine Township's "Adventure Camp" for less advantaged children ages 8 to 13 and Maine Township's Food Pantry by participating in our garage sale.

Here's how you can help:

- Reserve a space to sell your own items the fee is \$20.00 for 8 ft. x 16 ft. space only
- Additional \$10.00 fee for table rental
- Donate items for Maine Township to sell
- Send a check as a donation to "Maine Township Adventure Camp" or "Maine Township Food Pantry"
- Donate a few hours to help set up and price the items for sale
- Come and Shop

We will be reserving spaces with receipt of payment.

Mail to: Marie Worobec, MaineStay Youth and Family Services, 1700 Ballard Rd., Park Ridge, 60068. Or call Marie at 847-297-2510 X270.

Deadline for payment and registration is Friday, September 25, 2009.

Day Trip Information

Rate 1-“Easy” means usually one stop, some walking and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and sometimes stairs.

Rate 3-“Difficult” means that there are at least two stops and sometimes stairs and moderate to heavy walking.

Cancellation Policy

When canceling please keep in mind that we need to be able to resell your ticket first. If we are able to resell, a \$3.00 cancellation fee will be charged per ticket. If the ticket is not resold, there will be no refund.

Guest Policy

If the trip indicates that guests are allowed the policy is one per paid member.

Special Requests

Please limit your request to sit with one person only and indicate this on your registration form. Also, if you need any special assistance, such as wheelchair access, special menu etc...indicate this on the Registration Form. Please enclose a self-addressed stamped envelope for each day trip!

DEPARTURE POINT - GOLF MILL MALL SOUTH PARKING LOT.



A STEP BACK IN TIME: I & M CANAL

Wednesday, October 7 - 9:00 a.m. to 7:00 p.m. - Trip Rate 3

Cost: \$50.00 members/\$55.00 guests

As we arrive at this picturesque area of the great state of Illinois you will enjoy lunch at the **Lock 16 Café**. Located in the small town of LaSalle you will enjoy a buffet of Sandwiches, Soup, Salad and Dessert! Then climb aboard a replica 19th century horse-pulled canal boat for an unforgettable trip to yesteryear. Experience life as it was 150 years ago on the historic I & M Canal. Our final stop will be the stately **Hegeler Carus Mansion**, a recipient of National Historic Landmark status, is also on the National Register of Historic Places. Virtually unaltered since its completion more than a century ago, the mansion is at once a family home, an example of high artistic architecture and interior design, and the site of historic accomplishments in industry, philosophy, publishing and religion. Enjoy the grandeur of a bygone era!

THE PERFECT TOWN - PULLMAN

Wednesday, October 14 - 8:00 a.m. to 5:00 p.m. - Trip Rate 3

Cost: \$82.00 members/\$87.00 guests

Our day begins with a stop at the very popular **Chicago Green City Market** located at the south end of Lincoln Park. The Chicago Green City market is Chicago's premiere farmers market with a focus on sustainability and locally grown produce, breads, cheeses, honey, flowers and more. Afterwards we venture over to **Pier 37**, a Phil Stefani Signature Restaurant located in a Frank Lloyd Wright style clubhouse located at the Harbourside International Golf Course. For Lunch the menu is: Bed of Baby Greens topped with Shaved Imported Cheese & Roma Tomato topped with Balsamic Vinaigrette Dressing, Chicken Marsala, Baked Potato, Vegetable Melange, Bread Baskets on the table and Cheese Cake with Fresh Strawberries for Dessert! Our last stop of the day will be the **Historic Pullman District**. Our tour starts at the Visitor Center where we will enjoy a video that gives an historical overview of the town of Pullman and the preservation activity in the community today. Our group will take a guided walk of the town and learn the history of Pullman, its architecture and the landmark community, as it is today. We will also tour the Hotel Florence. Visitors experience a walk back in time - almost all of the original 1880's housing and many original buildings comprise the district today.





**WHITE PINES DINNER THEATRE
A NEIL DIAMOND CELEBRATION**

White Pines Dinner Theatre - Oregon, Illinois

**Monday, October 19 & Wednesday, Oct. 21 - 9:00 a.m. to 6:00 p.m. - Trip Rate 1
Cost: \$52.00 members/\$57.00 guests**

Travel along the scenic Rock River to beautiful White Pines Dinner Theater in Oregon, Illinois. Upon our arrival you can take a short walk amongst the beautiful Pine Trees or visit the Gift Shop. Then we will be seated for lunch and the show in the charming theatre. Our fabulous home-cooked buffet lunch features three Meats, Salads, Vegetable Du Jour, Homemade Mashed Potatoes and Gravy, Fresh Baked Bread and dessert! Then enjoy Denny Diamond as he sparkles as Neil Diamond! His voice starts soft and slow, like a small earthquake, then soars into a glorious baritone, extolling the praises of Sweet Caroline, Cracklin' Rose, I'm a Believer, September Morn and all your favorite hits.

NUNSENSE

The Armory, Janesville, Wisconsin

**Saturday, October 24 - 9:00 a.m. to 5:30 p.m. - Trip Rate 1
\$86.00 members/\$91.00 guests**



Nunsense begins when the Little Sisters of Hoboken discover that their cook, Sister Julia, Child of God, has accidentally poisoned 52 of the sisters, and they are in dire need of funds for the burial. The sisters decide the best way to raise money is to put on a variety show...let the fun begin! Lunch will be served prior to the show. Choose on the day Soup or Salad, Armory Special Beef Stroganoff, The Armory Favorite BBQ Ribs, or Chicken Breast Parmesan and your Dessert! So, come experience one of our newest venues.



MILLION DOLLAR QUARTET

Ann Sather Restaurant and The Apollo Theatre

**Wednesday, October 28 - 11:00 a.m. to 5:30 p.m. - Trip Rate 2
\$79.00 members/\$84.00 guests**

On December 4, 1956, a twist of fate brought together Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley...Sam Phillips, the "Father of Rock-n-Roll," who discovered them all... Prior to this GREAT production you will enjoy lunch at the one and only *Ann Sather Restaurant*. Your choice of entrée on the day: **Baked Spring Chicken with Celery Dressing, Swedish Meatballs with Egg Noodles** or **Roasted Tom Turkey with Dressing Gravy**. Each entrée is served with both Cinnamon and Garlic Dill Rolls, House Salad, Chef's Choice of Potatoes and Vegetables & Dessert! So, don your Blue Suede Shoes!

UPCOMING TRIPS



**Experience The Art Institute
Tuesday, Nov. 3 - Trip Rate 2
9:30 a.m. to 4:30 p.m.**

Cost: \$70.00 members/\$75.00 guests

Casino Trip

**Potawatomi Casino, Milwaukee, WI
Tuesday, November 10 - Trip Rate 1
9:00 a.m. to 5:00 p.m.**

Cost: \$34.00 members/\$39.00 guests

Holiday Splendor Trip

**The Abbey of Lake Geneva and
Pabst Mansion of Milwaukee, WI
Sunday, Nov. 22 - Trip Rate 3**



9:00 a.m. to 6:00 p.m.

Cost: \$78.00 members/\$83.00 guest

EXTENDED TRIPS 2009



Branson

**November 16 - 20, 5 Days
American Classic Tours**

Smoky Mountain Christmas

**November 30 - December 5, 6 Days
American Classic Tours**

Old World Christmas

**at the Osthoff Resort
December 3 - 4, 2 Days
Viking Travel Service**

Vermont Country Christmas

**December 6 - 10, 5 Days
Fancy Free Holidays**



**For a flyer please call the
MaineStreamers at 1-847-297-2510.**



OLD WORLD CHRISTMAS AT THE OSTHOFF RESORT

December 3 & 4, 2009

Located on the pristine shores of beautiful Elkhart Lake, Wisconsin. The Osthoff Resort will dazzle your senses and fill you with the holiday spirit the moment you step through the doors.

Motorcoach Transportation

1 Night Lodging

3 Meals including Special Holiday Luncheon at the American Club and German Theme Dinner & Traditional German Storytelling at the Osthoff Resort

Welcome Reception

Horse-Drawn Carriage Ride

The Wreath Factory

Visit Old World Christmas Market

Day 1- Our holiday tour begins with a special Christmas luncheon at the famous American Club in Kohler. Then we'll arrive into the town of Sheboygan for their annual Holiday Memories Tour at the Sheboygan Historical Museum. This afternoon we arrive at the Resort for our Welcome Reception. Then enjoy our German Themed Dinner followed by German traditional storytelling. After dinner take a horse drawn carriage around Elkhart Lake.

Day 2 - We gather this morning for breakfast at the resort before taking off to visit The Wreath Factory. Discover the art of wreath making and designs. Tour the factory and watch demonstrations. From here we head over to Old World Christmas Market for time to browse and shop and have lunch on your own. Reminiscent of

WINTER BREAK 2010 - LAUGHLIN, NEVADA

January 10 - 14, 5 Days



What is Winter Break? Winter Break is a festival celebrating living life

to the fullest for the 50 plus age group. Each January approximately 5,000 senior adults make the trek to Laughlin, Nevada for a few days of fun and laughter. This event promises to educate, stimulate, and offer nonstop entertainment for baby boomers and mature seniors alike. Activities include all types of dancing, a Senior Prom and Events and more...All these activities will take place along the main strip of Laughlin on Casino Drive. There is a free shuttle bus too! Other optional activities include Golfing, River

Airfare

Home Pickup and Return

4 Meals: Breakfast Daily

4 Nights at River Palms Laughlin

Funbook with Special Discounts

All included Winterbreak activities - Dancing, Senior Prom, Parade, Wine Tasting, Free Gaming Tournaments

\$889 Double/\$869 Triple/\$969 Single

CLASSES

BASIC CARD MAKING CLASS

Tuesday, September 1

1:00 p.m. to 3:00 p.m.

Cost: \$10.00 - includes supplies

Come on and try a NEW and FUN hobby! Make three lovely cards that are **easy** to do! This is a FUNtastic class!

PIANO LESSONS

Weeks of

September 14 to November 2

1/2 hour lessons for 8 weeks

Cost: \$56.00 Registration Required

Learn how to play piano as Ludmyla Turkalo shows you the way. You will arrange your own time once payment is received. Lessons are conducted at her home in Maine Township.

RULES OF THE ROAD CLASS

Thursday, September 10

1:00 p.m. to 3:00 p.m.

No Charge - Registration Required

Need to renew your drivers license? Plan on attending this Secretary of State refresher course that prepares you for the written exam. Next Class: January 14th.

ZUMBA GOLD

FREE demonstration class

Tuesday, September 22nd

1:00 p.m. to 2:00 p.m.

No Charge - Registration Required

Come check out our new exercise class, Zumba Gold. Specifically designed for the senior population, Zumba fuses Latin rhythms and easy to follow moves to create a great fitness program. The 8 class session to start in October.

BEGINNERS/INTERMEDIATE TAI CHI

Thursdays, Sept. 17 to Nov. 5

3:30 p.m. to 5:00 p.m.

Instructor: Sylvester Marshall

Cost: \$40.00 for 8 classes



Learn and review your Tai Chi postures and stances in this class. Newcomers are welcome. Minimum Students: 12

COMPUTER WORKSHOP

"Google"

Friday, September 18

10:30 a.m. to 12:30 p.m.

Instructor: Sherry Peterson

Cost: \$15.00 members/\$20.00 guests

Want to learn about search engines and how to find information, shopping/stores, newspaper articles, people, etc...on the computer? Sherri will teach you how to look up just about anything on Google, the most widely used search engine.

"AARP'S DRIVER SAFETY PROGRAM"

Mon., Sept. 21 and Wed., Sept. 23

9:00 a.m. to 1:00 p.m.

Instructor: Stanley Fukai, AARP

\$12.00 AARP members/ \$14.00 non members

Check due on the first day - Payable to AARP

This class updates your knowledge of age-related changes and Rules of the Road. Upon completion, your automobile insurance company will offer a discount.

RECREATIONAL PROGRAMS

*****B I N G O*****

Thursday, September 3

Town Hall, 1700 Ballard, P.R.

Friday, September 18

Oakton Arms, 1665 Oakton Pl., D.P.

Doors Open: 12:00 noon

Games: 1:00 p.m.

Cost: \$2.00 or 2 Coupons each Bingo*

Come and enjoy playing Bingo! Prizes, delicious sweet rolls and coffee are included. ***Coupon books of 5 coupons for \$5.00 can be purchased at either Bingo.**

MEMORIAM

Evelyn Homa Irma Williams

Herb Veith Dolores Zimmerman

If you know of someone who is ill or has passed away, we would like to send a card. Please call the MaineStreamers at 1-847-297-2510.

MOVIE OF THE MONTH

The Boy in the Striped Pajamas - PG13

Tuesday, September 15

Movie Begins: 1:00 p.m. to 3:00 p.m.

Cost: \$2.00 or 2 Coupons

Popcorn & Soda included

A timeless story of innocence lost and humanity found set in WWII, a story seen through the innocent eyes of Bruno, the eight-year-old son of the commandant at a concentration camp, whose forbidden friendship with a Jewish boy on the other side of the camp fence has startling and unexpected consequences.



PINOCHLE TOURNAMENT

Wednesday, September 16

Lunch: 11:30 a.m. to 12:15 p.m.

Competition begins: 12:15 p.m.

Cost: \$6.00 members/\$7.00 guests

Enjoy fun and competition at this "Three Handed Pinochle" Tournament. Lunch is included. Newcomers welcome! **Must be present by 12:00 noon!**

WOMEN'S TEA

"A Musical Review"

Thursday, September 24

10:30 a.m. to 12:00 noon

Cost: \$3.00 - includes refreshments

Come and enjoy Bill and Susan Goodman's musical review of the 20th Century. You will hear beloved songs from Broadway, Operetta, the Big-Band Era and tunes from composers such as Gershwin, Berlin and Fats Waller. Don't miss this fun morning!

"HOOKED ON FISHING" OUTING

New Location" Twin Lakes -

Palatine

Friday, September 25

8:00 a.m. to 2:00 p.m.

Cost: \$13.00



Today we fish at Twin Lakes Woods. The price includes fishing, bait, Continental Breakfast, a lunch of Salad and Pizza and of course, prizes. Carpooling available. Valid fishing license a must!

VISIT OUR WEBSITE AT

MAINTOWNSHIP.COM

**SEE PHOTOS FROM OUR MYSTERY TRIP
TASTE OF PARK RIDGE & SPELLING BEE!**

INFORMATIVE PROGRAM

Legacy Letters

Wednesday, September 2

10:00 a.m. to 11:00 a.m.

No Charge - Registration Required

A legacy letter encompasses the experiences, personal values, beliefs, and life lessons that have helped shape the person you are today. Carole Mark Gingiss will show you what a legacy letter is and how to write one. Join this class to learn how to create your own legacy letter.



BOOK REVIEW

"The Commoner"

Presenter: Barbara Rinella

Friday, September 11

10:00 a.m. to 11:00 a.m.

Cost: \$6.00 members/ \$7.00 guests

This fascinating historical novel is based on the true story of Empress Michiko, the current Empress of Japan. The Commoner is the story of Haruko, the first non-aristocratic woman ever to marry into the Japanese Royal family. The Chrysanthemum Throne of Japan has never allowed a commoner to marry its Crown Prince, but in 1959, the rules are broken, ancient tradition gives away to young love.

VOLUNTEER OPPORTUNITIES

NEWSLETTER MAILING

Mark your calendar for Thursday, September 10th from 9:00 a.m. to 12:00 noon to come and help us collate and fold the October Newsletter. Enjoy bakery prepared by our one and only Helen.

GARAGE SALE VOLUNTEERS

We are seeking willing individuals to assist with sorting and pricing garage sale items the week of September 28 between 9:00 a.m. and 5:00 p.m.. We also need volunteers to help on the day of the garage sale, Saturday, October 3 from 8:00 a.m. to 4:00 p.m. Donate a few

HEALTH PROGRAM

BLOOD PRESSURE SCREENING

Wednesday, September 2

10:00 a.m. to 12:00 noon

Senior Advocate Office

8820 Dempster, Niles

FREE blood pressure screening is offered by Advocate Lutheran General Hospital.

Philips Lifeline

Emergency Response System

Lutheran General Hospital Older Adult Services and Maine Township are partnering to provide Philips Lifeline Service for our community. Lifeline is a personal response system that links you to 24 hour assistance at the push of a button in case of an emergency. There are many different reasons people subscribe to Lifeline. Among these are: people who live alone, post-operative patients, impaired older adults, and physically challenged persons. This partnership will help save you \$80.00 in installation fees. This will be an ongoing partnership. To learn more call Older Adult Services at 847-296-0737.

NAME BADGE REQUIREMENTS

Regulations require all members to wear a name badge at all Maine Township "MaineStreamers" activities, trips and luncheons. To obtain your badge please stop in the Town Hall during regular business hours or call and we can bring it to an upcoming activity you will be attending.

LANYARDS AVAILABLE

Due to your request we now have lanyards available. They are blue which will match our new colored badge. So, stop in and purchase a lanyard at \$1.50 and receive a new badge at no charge!



For man, autumn is a time of harvest, of gathering together.

For nature, it is a time of sowing, of scattering abroad.

Edwin Way Teale

SEPTEMBER REGISTRATION FORM

1. Complete form, sign name and detach entire registration form. If you are signing up another member we must also have their registration form.

Please do not staple or scotch tape checks!

2. Mail Only (No walk-ins or phone reservations) to:

Maine Township MaineStreamers (M.T.M.S.)
1700 Ballard Road
Park Ridge, IL 60068

3. Enclose a separate check and/or coupon for each event and make checks payable to M.T.M.S.

Indicate number attending each event by placing the number in the space before each event example 1, 2.

E-mail alert List: _____ @ _____. Please add me!

Recreational Activities

____ Bingo at Town Hall - Thursday, September 3 - \$2.00 or 2 Coupons

____ Bingo at Oakton Arms - Friday, September 18 - \$2.00 or 2 Coupons

____ "Autumn" Luncheon - Wednesday, September 9 - \$15.00 members/\$16.00 guests
+ \$2.50 FISH

____ Movie of the Month - "Boy. Striped Pajamas" - Tues., Sept. 15 - \$2.00 or 2 coupons

____ Pinochle Tournament - Wednesday, September 16 - \$6.00 members/\$7.00 guests

____ Women's Tea - Thursday, September 24 - \$3.00 or 3 coupons

____ "Hooked on Fishing" - *Twin Lakes* - Friday, September 25 - \$13.00

Classes

____ Basic Card Making - Tuesday, September 1 - \$10.00 includes supplies

____ Piano Lessons - \$56.00

____ Rules of the Road - Thursday, September 10 - No Charge

____ Zumba Gold - Tuesday, September 22 - No Charge

____ Tai Chi - \$40.00 for 8 classes

____ Computer Workshop - "Google" - Fri., September 18 - \$15.00 members/\$20.00 guests

____ AARP'S Driver Safety Classes - \$12.00 AARP members/\$14.00 non-members*
Monday, Sept. 21 and Wednesday, Sept. 23 ***Payable on the first day of classes**

Informative Programs

____ Legacy Letters - Wednesday, September 2 - No Charge

____ Book Review - "The Commoner" - Fri., Sept. 11 - \$6.00 members/ \$7.00 guests

Day Trips Please remember to send a self-addressed, stamped envelope for EACH trip!

____ "A Step Back in Time" Trip - Wed., Oct. 7 - \$50.00 members/\$55.00 guests ☐

____ "The Perfect Town Pullman" Trip - Wed., Oct. 14 - \$82.00 members/\$87.00 guests ☐

____ "White Pines" Trip - Monday, October 19 - \$52.00 members/\$57.00 guests ☐

____ "White Pines" Trip - Wednesday, October 21 - \$52.00 members/\$57.00 guests ☐

____ "Nunsense" Trip - Saturday, October 24 - \$86.00 members/\$91.00 guests ☐

____ "Million Dollar Quartet" Trip - Wed., October 28 - \$79.00 members/\$84.00 guests ☐

Special Needs: Wheelchair Accessibility, Visual/Audio aids, etc..) Please Specify:

On Day Trip(s) please seat me with (Limit 1): _____

Print Your

Name: _____ **Phone Number:** _____