



August 2009



Maine Township MaineStreamers

Mission Statement

To enhance the quality of life for residents 55 years of age and older by providing a broad array of educational programs and recreational activities that encourage socialization, learning and promote independence, self esteem and dignity.

Greeting from Mary!

Wow did you keep us busy last month. We added an additional 3 buses to two of our trips to accommodate you! We now have 165 MaineStreamers going to The Jersey Boys and 110 going to the Million Dollar Quartet. If you are on a waiting list we will do our best to accommodate you, but you need to know we need at least 40 people to add another bus. So, obviously by your response we must be doing something right!

Lastly, I would like to encourage each of you to bring a donation to our Emergency Food Pantry this month. We will be collecting items at the August luncheon too! I have a list of suggested items in the newsletter. Monetary donations are always welcomed. Let's show our fellow residents that we care!

Mary Swanson, Director

CASH DASH PROGRAM

Illinois State Treasurer Giannoulis: Do we have your money?

A representative from Giannoulis' office will conduct Cash Dash searches on the State's online database on Tuesday, August 18th from 5:00 p.m. to 8:00 p.m. and on Wednesday, August 19th from 10:00 a.m. to 3:00 p.m. at Maine Township, 1700 Ballard Rd. in Park Ridge. The Cash Dash program reunites Illinois residents with hidden wealth legally known as "unclaimed property." This wealth can be anything from long-lost bank accounts to entire estates that never made it to its rightful owner. No need to register, just drop in on one of those two days and bring a photo ID.

AUGUST LUNCHEON

Tuesday, August 11

Casa Royale, 783 Lee, Des Plaines

Doors Open: 11:00 a.m.

Lunch Served : 12:00 p.m.

**Cost: \$15.00 members/\$16.00 guests
+ \$2.50 Fish**

Start this beautiful day with a lunch of Salad, Chicken Wellington - Chicken stuffed with cream sauce and mushrooms surrounded by a light pastry puff or Orange Roughy (Fish Choice), Chef's choice of Vegetables and Potatoes and a Chocolate Sundae for Dessert. Back by popular demand singer and keyboardist Larry Levin will be here to play your favorite songs! Blood Pressure Screenings sponsored by Resurrection Healthcare. Bingo will follow.

Please note: This month we are going to collect food at the luncheon for the emergency food pantry. Please bring an item (see below) or a monetary donation to assist our neighbors in need.

Reservations and cancellations due by Tuesday, August 4th. (No Exceptions)

Next Luncheon will be on Wednesday, September 9th at Chateau Ritz.

**Luncheon Sponsored by
Fortune Domestic Agency**

Food Pantry "Wish List"

Jello, Rice, Pasta, Crackers, Cookies, Biscuit Mix, Canned Vegetables and Fruit, Chef Boyardee Pastas, Tuna, Chicken, Salmon, Canned Pastas, Hamburger Helper, Macaroni and Cheese, Rice-a-Roni, Canned Chili, Beans, Spaghetti Sauce, Jelly, Peanut Butter, Cereal, Pancake Mix and Paper Goods. Monetary Donations accepted.

Day Trip Information

Rate 1-“Easy” means usually one stop, some walking and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and sometimes stairs.

Rate 3-“Difficult” means that there are at least two stops and sometimes stairs and moderate to heavy walking.

Cancellation Policy

When canceling please keep in mind that we need to be able to resell your ticket first. If we are able to resell, a \$3.00 cancellation fee will be charged per ticket. If the ticket is not resold, there will be no refund.

Guest Policy

If the trip indicates that guests are allowed the policy is one per paid member.

Special Requests

Please limit your request to sit with one person only and indicate this on your registration form. Also, if you need any special assistance, such as wheelchair access, special menu etc...indicate this on the Registration Form. Please enclose a self-addressed stamped envelope for each day trip!

Trips depart from GOLF MILL PARKING LOT OFF CHURCH ST. BETWEEN MILWAUKEE & GREENWOOD.

Please Read: Please observe the trip rating system (see above) that we have for our Day Trips. If you have ambulatory problems please do not go on a Trip Rated 3 unless you have someone who can assist you and/or bring appropriate medical equipment. Thank you!



“SPIRIT OF THE SEAS” TRIP

Oceanarium and Chicago Lakefront

Tuesday, September 8 - 8:00 a.m. to 5:00 p.m. - Trip Rate 3

\$71.00 members/\$76.00 guests

We will start at the newly renovated Oceanarium where you will have plenty of time to explore both the **Oceanarium** and the **Shedd Aquarium**. Then we are off to the **Spirit of the Seas Sightseeing Boat**. Come aboard and enjoy the most entertaining lunchtime experience featuring the Grande Lunch Buffet and a Cabaret Show. The buffet includes Garden Salad, Toasted Couscous Salad, Tilapia, Au Gratin Chicken Breast, Penne Al Forno, Mixed Steamed Vegetables, Red Skin Mashed Potatoes, Dinner Rolls and for Dessert fresh selection of Cookies, Cakes, Pastries and Seasonal Fruit. Then enjoy entertainment that will delight you with a broad repertoire- everything from sing-along show tunes to jazz standards. This two hour cruise along the Chicago lakefront is a perfect way to enjoy the “Spirit of the Seas!”

THE SOUND OF MUSIC TRIP

The Fireside Theatre, Ft. Atkinson, Wisconsin

Thursday, September 17 - 8:00 a.m. to 6:30 p.m. - Trip Rate 1

\$84.00 members/\$89.00 guests



Come and experience the world’s most beloved musical! Yes, Rodger’s and Hammerstein’s immortal hit *The Sound of Music*. Winner of eight Tony Awards including Best Musical, *The Sound of Music* is a tune-filled tale of hope, courage, friendship and love. Of course the dining experience is always fantastic. You will start with a Signature Salad-Cantaloupe, Watermelon, Strawberries, Mandarin Orange and Oriental Vegetables over Fresh Greens sprinkled with Sesame Croutons. Topped with Papaya Chutney Dressing. The entrée will be a Baked Boneless Pork Chop- Herbed stuffed with Sauerkraut and Jones Original Recipe Sausage with Rich Pork Stock Gravy. Served with Sweet Potato Soufflé; a ramekin of Pink Cinnamon Apple Sauce; and Sweet Corn with Diced Red Peppers and Edamame Soybeans. For Dessert a Viennese Sacher Torte - Chocolate Cake layered with Apricot Filling and Bing Cherry Ice Cream. Wow, what a day we have planned.

MAGNIFICENT SANFILIPPO ESTATE
South Barrington and Schaumburg
Tuesday, September 22 - 8:30 a.m. to 5:00 p.m. - Trip Rate 3
Cost: \$78.00 members/\$83.00 guests



Our first stop is the Magnificent Sanfilippo Mansion. Our docent-guided tour is approximately 3 hours. We begin at the main Residence viewing and learning about the Sanfilippo Collection of automated music machines, their history and restoration efforts, as well as the opulent details of the Residence's French Second Empire setting. There is so much to describe, you have to come and experience it. Then we enjoy a nice lunch at the Millrose Restaurant. We will start with Cream of Mushroom Soup followed by Slow Roasted Pork Loin with Artichokes, Tomato and Tarragon, Chef's Selection of Seasonal Vegetables, Potato and/or Rice, Bread and Dessert! A stop at IKEA will give you chance to catch up on your household shopping. So don't miss this very popular trip!



CABARET
Drury Lane Oak Brook
Wednesday, September 30 - 10:30 a.m. to 5:00 p.m. - Trip Rate 1
Cost: \$56.00 members/\$61.00 guests

Set in the sexy sultry Kit Kat Klub, before the Nazis rise to power in late 1920's Berlin, **Cabaret** is a provocative tale of love and war. This mesmerizing show depicts the intertwined stories of a Cabaret singer, a writer, a rich German politician, a Jewish fruit vendor and the denizens of Berlin who are caught in a tumultuous changing society. Prior to the show enjoy a lunch with your choice of **Baked Lemon Sole** -served with Tarragon Sauce or **Roast Sirloin of Beef**- served in its natural juices. Each served with a Spinach Mandarin Salad, Garden Vegetables, Potato or Rice, Fresh Baked Breads and Dessert!

UPCOMING DAY TRIPS

- A Step Back in Time: I & M Canal**
Wednesday, October 7 - Trip Rate 3
9:00 a.m. to 7:00 p.m.
\$50.00 members/\$55.00 guests
- The Perfect Town - Pullman**
Wednesday, October 14 - Trip Rate 3
8:00 a.m. to 5:00 p.m.
\$92.00 members/\$97.00 guests
- A Neil Diamond Celebration**
White Pines Dinner/Theatre
Oregon, Illinois
Monday October 19 and
Wednesday, October 21 - Trip Rate 1
9:00 a.m. to 6:00 p.m.
Cost: \$52.00 members/\$57.00 guests
- Nunsense**
The Armory, Janesville, Wisconsin
Saturday, October 24 - Trip Rate 1
9:00 a.m. to 5:30 p.m.
Cost: \$86.00/\$91.00 guests
- Million Dollar Quartet**
Date TBA - Trip Rate 2
11:00 a.m. to 5:30 p.m.
Cost: \$79.00 members/\$84.00 guests

EXTENDED TRIPS 2009



- Door County:**
Cape Cod of the Midwest
October 5 - 7, 3 Days
American Classic Tours
- Michigan Huron Shores**
October 11 - 15, 5 Days
American Classic Tours
- Sedona and The Grand Canyon**
October 18 - 22, 5 Days
American Classic Tours
- Smoky Mountain Christmas**
November 30 - December 5, 6 Days
American Classic Tours

- Vermont Country Christmas**
December 6 - 10, 5 Days
American Classic Tours



For a flyer please call the
MaineStreamers at
1-847-297-2510.

CLASSES

Just added....

CHAIR AEROBICS CLASS I
Mondays, August 3 to Sept. 28
(No Class on Sept. 7)
10:30 a.m. to 11:30 a.m.
Cost: \$16.00 for 8 classes
Instructor: JoAnn Kitching

You will sit while exercising, or if standing, may use the chair for support. This class will increase your strength, balance, flexibility and coordination.

Minimum: 15 students



CHAIR AEROBICS CLASS II
Wednesdays, August 19 to Oct. 14
(No Class on Sept. 16)
2:00 p.m. to 3:00 p.m.
Cost: \$16.00 for 8 classes
Instructor: JoAnn Kitching

You will sit while exercising, or if standing, may use the chair for support. This class will increase your strength, balance, flexibility and coordination.

Minimum: 15 students



COMPUTER WORKSHOP
"Enhance your VISTA/XP"
Monday, August 17
3:00 p.m. to 4:00 p.m.
Instructor: Lee Huber

Cost: \$10.00 members/\$15.00 guests

Frustrated by things you can't do or do quickly with VISTA/XP? Attend this workshop to learn about free utilities for your XP and Vista computer designed to enhance the appearance/display, burn DVD/CD's, search for pictures/files, organize files/pictures and many, many features. All attendees will receive an LCD/Monitor/Plasma TV cleaning kit!
Only instructor will have computer.



CANASTA CLASS

Tuesday, August 25

10:00 a.m. to 12:00 p.m.

No Charge - Registration Required

Canasta Instructor, John Krelle will teach you how to play the game and/or refresh your skills. Regular tournament play will start in October.

RECREATIONAL PROGRAMS

10th ANNUAL BOB LINDSTROM FISHING TOURNAMENT

Bangs Lake, Wauconda

Saturday, August 1

8:00 a.m. to 1:30 p.m.

\$20.00 includes fishing,

lunch & prizes



Join us for our Fishing Derby aboard boats. You will enjoy 4 hours of competition followed by lunch and prizes. To register call for a Registration Form at 1-847-297-2510.

*****B I N G O*****

Thursday, August 6

Town Hall, 1700 Ballard, P.R.

Friday, August 21

Oakton Arms, 1665 Oakton Pl., D.P.

Doors Open: 12:00 noon

Games: 1:00 p.m.

Cost: \$2.00 or 2 Coupons each Bingo*

Come and enjoy playing Bingo! Prizes, delicious sweet rolls and coffee are included in the price.

***Coupon books of 5 coupons for \$5.00 can be purchased at either Bingo.**

MOVIE OF THE MONTH

"Milk" Rated R

Tuesday, August 18

Movie Begins: 1:00 p.m. to 3:00 p.m.

Cost: \$2.00 or 2 Coupons

Popcorn & Soda included

The story begins in New York City, where a 40-year-old Milk Ponders what steps he can take to make his life more meaningful. Academy Award winner Sean Penn takes the title role in Gus Van Sant's biopic tracing the last eight years in the life of Harvey Milk, the ill-fated politician and gay activist whose life changed history.



New Location....

BOWLING OUTING

Thursday, August 20

11:00 a.m. to 2:00 p.m.

River-Rand Bowl-191 S. River Rd. D.P.

\$17.00 members/\$19.00 guests**

Come bowl with us! You will enjoy two games of bowling, prizes and a lunch featuring Salad and Pizza. Prizes will be awarded. **Price is increased due to the new location.

"HOOKED ON FISHING" OUTING

Big Bear, Little Bear, Vernon Hills

Friday, August 21

8:00 a.m. to 2:00 p.m.

Cost: \$13.00

Today we fish at Big Bear, Little Bear in Vernon Hills. The price includes fishing, bait, Continental Breakfast, Submarine Sandwiches and prizes. Carpooling available. Valid fishing license a must!

TWILIGHT DINING

The Wellington Restaurant

2121 S. Arlington Heights Rd., A. H.

Tuesday, August 25

5:30 p.m. to 8:00 p.m.

Cost: \$32.00 members/\$34.00 guests

Dinner tonight will start with Soup and Salad. You will then choose on your registration form between Tournedos Tivoli-Filet Medallions with Artichokes, Mushrooms, Hearts of Palm and Asparagus with Béarnaise and Bordelaise Sauce, Veal Oscar - Crabmeat and asparagus and Béarnaise Sauce, or Broiled Grouper with a Lemon Butter Sauce. Chef's choice of Vegetables, Twice Baked Potato and Ice Cream Sundaes for Dessert. Transportation on your own.

GUITAR LESSONS SURVEY

Would you be interested in taking 8 guitar lessons (includes use of a guitar)? The cost for eight 1-hour lessons would be around \$150.00. Please indicate on the Registration Form if you are interested.

WOMEN'S TEA

"Corrie ten Boom"

Thursday, August 27

10:30 a.m. to 12:00 noon

Cost: \$3.00 or 3 coupons



Karla Chandler will share amazing stories of the life of Corrie ten Boom. During WWII German occupation of Holland, the ten Boom family hid and protected Jews in their home as part of a Nazi resistance. Eventually Corrie and her sister Betsie ended up at Ravensbruck Concentration Camp. Learn her remarkable story of dedication and determination.

INFORMATIVE PROGRAM

FREE AMPLIFIED TELEPHONES

Monday, August 10

10:00 a.m. to 11:00 a.m.

No Charge - Registration Required

Do you have difficulty hearing on the telephone? Try the FREE amplified telephones available to anyone in Illinois with a certified hearing loss. A representative from Schaumburg Township Disability Services will be here for a brief presentation on the four amplified phones and do a live test call on each of them!

"THE ONE AND ONLY"

Monday, August 17

10:00 a.m. to 11:00 a.m.

**No Charge - Registration Required
Sponsored by Liberty Bank**



Todd Wessell, Editor and Publisher of the Journal & Topic newspapers, will provide a presentation on his new book "The One and Only." The book is about his Great Uncle, three-time All American and four-spot letterman from Ohio State University, Chicago native Charles "Chic" Harley. Harley, in his time, was regarded as the best football player. He was headed for a life of health, happiness, fame and fortune in 1921 when he was tragically and suddenly struck by mental illness. Harley today is regarded as one of the most important figures in Ohio State history.



"Summer afternoon-summer afternoon; to me those have always been the two most beautiful words in the English language."



**EXOTIC AFRICA:
VICTORIA FALLS TO ZANZIBAR
Wednesday, August 19
10:00 a.m. to 11:00 a.m.**

Cost: \$2.00 - Registration Required

World Traveler Bill Helmuth will share his exploration through the Heart of Africa in a safari vehicle. See with awe and grandeur of Victoria Falls, visit tribal villages, meet people of ancient traditions and much more...Light Refreshments will be served.

HEALTH HAPPENINGS

BLOOD PRESSURE SCREENING

**Wednesday, August 5
10:00 a.m. to 12:00 noon
Senior Advocate Office
8820 Dempster, Niles**

FREE blood pressure screening is offered by Advocate Lutheran General Hospital.

VOLUNTEER OPPORTUNITIES

NEWSLETTER MAILING

Mark your calendar for Thursday, August 13th from 9:00 a.m. to 12:00 noon to come and help us collate and fold the September Newsletter. Enjoy bakery prepared by our one and only Helen.



**MEMORIAM
Louis Milbrandt
Dolores Schleiter
Dorry Vetter's Son**

If you know of someone who is ill or has passed away, we would like to send a card. Please call the MaineStreamers at 1-847-297-2510.

**COMMUNITY GARAGE SALE
Saturday, October 3, 2009
1700 Ballard Rd., Park Ridge
9:00 a.m. to 3:00 p.m.**

Help support Maine Township's "Adventure Camp" for less advantaged children ages 8 to 13 and Maine Township's Food Pantry, by participating in our garage sale.

Here's how you can help:

- Reserve a space to sell your own items. The fee is \$20.00 for 8 ft. X 16 ft. space only. Additional \$10.00 fee for table rental.
- Donate items for Maine Township to sell
- Send a check as a donation to "Maine Township Adventure Camp" or "Maine Township Food Pantry"
- Donate a few hours to help set up and price the items for sale
- Come and Shop

We will be reserving spaces with receipt of payment beginning August 1, 2009. Mail to : Marie Worobec, Maine Stay Youth and Family Services, 1700 Ballard Rd., Park Ridge, 60068. Or call Marie at 847-297-2510 X270.

Deadline for payment and registration is September 25, 2009.

Please help support our community and bring your friends along to shop!

Please note: As indicated in the newsletter you must sign up for programs, classes and activities in advance to insure we have room. Thank you for your cooperation!

6 Non-financial Tips for a Successful Retirement

1 Make a road map for the rest of your life- What is it you've always wanted to do, but never had time for. Don't assume that simply not working will make you happy.

2 Volunteer- Get more involved in your community by giving back.

3 Life is about more than money- Life was about more than your paycheck before you retired; this shouldn't change. Focus on what makes life fulfilling, not just your bank account.

4 Be realistic about your resources- Be realistic with what you have to work with.

5 Find your "Anchor Activities"- This is one or two things around which you can structure your time. Maybe its your grandkids, or a volunteer or other learning opportunity.

6 Stay Social- Join the MaineStreamers, visit family and friends.

AUGUST REGISTRATION FORM

1. Complete form, sign name and detach entire registration form. If you are signing up another member we must also have their registration form.

Please do not staple or scotch tape checks!

2. Mail Only (No walk-ins or phone reservations) to:

Maine Township MaineStreamers (M.T.M.S.)

1700 Ballard Road

Park Ridge, IL 60068

3. Enclose a separate check and/or coupon for each event and make checks payable to M.T.M.S.

Indicate number attending each event by placing the number in the space before each event.

Please put me on your e-mail alert list _____@_____.

Recreational Activities

____ Bingo at Town Hall - Thursday, August 6 - \$2.00 or 2 Coupons

____ Bingo at Oakton Arms - Friday, August 21 - \$2.00 or 2 Coupons

____ "August Luncheon" - Tuesday, August 11 - \$15.00 members/\$16.00 guests
+ \$2.50 FISH

____ Movie of the Month - "**Milk**" - Tuesday, August 18 - \$2.00 or 2 coupon

____ Bowling - Thursday, August 20 - \$17.00 members/\$19.00 guests

____ Hooked on Fishing - Friday, August 21 - \$13.00

____ Twilight Dining - Tuesday, August 25 - \$32.00 members/\$34.00 guests

Choose entrée: ____ **Tournedos** ____ **Veal Oscar** or ____ **Broiled Grouper**

____ Women's Tea - Thursday, August 27 - \$3.00 or 3 coupons

Classes

____ Chair Aerobics Class 1 - Mondays at 10:30 a.m. - 8 classes - \$16.00

____ Chair Aerobics Class 2 - Wednesdays at 2:00 p.m. - 8 classes - \$16.00

____ Computer Workshop - Monday, August 17 - \$10.00 members/\$15.00 guests

____ Canasta Class - Tuesday, August 25 - No Charge

____ **I am interested in Guitar Lessons.**

Informative Program

____ Free Amplified Telephone Program - Monday, August 10 - No Charge

____ "The One and Only" Program - Monday, August 17 - No Charge

____ Exotic Africa - Wednesday, August 19 - \$2.00

Day Trips

Please remember to send a self-addressed, stamped envelope for EACH trip!

____ "Spirit of the Seas" Trip - Tuesday, Sept. 8 - \$71.00 members/\$76.00 guests ☐

____ "The Sound of Music" Trip - Thursday, Sept. 17 - \$84.00 members/\$89.00 guests ☐

____ "Magnificent Sanfilippo." Trip - Tues, Sept. 22 - \$78.00 members/\$83.00 guests ☐

____ "Cabaret" Trip - Wednesday, September 30 - \$56.00 members/\$61.00 guests ☐

Choose Entrée: ____ **Baked Lemon Sole** or ____ **Roast Beef**

Special Needs: Wheelchair Accessibility, Visual/Audio aids, etc..) Please Specify:

On Day Trip(s) please seat me with (Limit One): _____

Print Your

Name: _____ **Phone Number:** _____