



May 2009



Maine Township MaineStreamers

1700 Ballard Road, Park Ridge, IL 60068 1-847-297-2510

Mission Statement

To enhance the quality of life for residents 55 years of age and older by providing a broad array of educational programs and recreational activities that encourage socialization, learning and promote independence, self esteem and dignity.

“Being a full-time mother is one of the highest salaried jobs...since the payment is pure love.”

Anonymous

Greetings from Mary!

The month of May has always been the month when we salute our members because we are commemorating “Older Americans Month” so, this month we will honor you. Let’s start at the Monthly Luncheon when all of our ladies will receive a gift for Mother’s Day. Then we will be celebrating with our residents 90 years and older at the Annual 90 plus Birthday party. Last year we had over 100 individuals celebrating 90 or more years of life.

Lastly I would like to announce our newest partnership with Advocate Lutheran General Hospital Older Adult Services as we will be working together on the Philip Lifeline program. Check the article in the Informative Program section of the newsletter to learn how you can save \$80.00 in installation costs. So Happy May!

Mary Swanson, Director

Looking for participants for our local Spelling Bee..

Our local Spelling Bee will be held on Friday, June 5th at 10:00 a.m. at Maine Town Hall. We encourage all of you to come and enjoy some fun competition. The top two winners will compete in the Regional Spelling Bee. The winners of that Spelling Bee will compete in the State Spelling Bee held at the Illinois State Fair. All interested people should contact Monika Jaroszewicz at 847-297-2510 #252.

“IT’S GETTING WARMER”

LUNCHEON

Tuesday, May 12

Chateau Ritz, 9100 Milwaukee, Niles

Door Open: 11:00 a.m.

Lunch Served : 12:00 p.m.

**Cost: \$15.00 members/\$16.00 guests
+ \$2.50 Fish**

Let’s celebrate Spring and Mother’s Day today! Our lunch will be Salad, Baked Ham or Tilapia (FISH choice), Rice Pilaf, Chef’s Blend Vegetables and Butter Pecan Ice Cream for Dessert! Then singer Robbie Malkowski and Pianist Dave Turner will be here to delight us with their program “A Salute to Old Broadway.” Bingo will follow! Blood Pressure Screenings sponsored by Resurrection Healthcare. A special Mother’s Day Gift will be given out to the ladies.

Reservations and cancellations due by Tuesday, May 5th. (No Exceptions)

Next Luncheon will be on Tuesday, June 9th at Casa Royale.

Luncheon Sponsored by

Glenview Terrace

and

**St. Andrew Life Center/
Resurrection Healthcare**

Town Hall will be closed

Monday, May 25th

in observance of Memorial Day.



Congratulations to

Diane Graham

for

receiving the

Cook County Medal of Honor Award!

Day Trip Information

Rate 1-“Easy” means usually one stop, some walking and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and sometimes stairs.

Rate 3-“Difficult” means that there are at least two stops and sometimes stairs and moderate to heavy walking.

Cancellation Policy

When canceling please keep in mind that we need to be able to resell your ticket first. If we are able to resell, a \$3.00 cancellation fee will be charged per ticket. If the ticket is not resold, there will be no refund.

Guest Policy

If the trip indicates that guests are allowed the policy is one per paid member.

Special Requests

Please limit your request to sit with one person only and indicate this on your registration form. Also, if you need any special assistance, such as wheelchair access, special menu etc...indicate this on the Registration Form. Please enclose a self-addressed stamped envelope for each day trip!

All Trips depart GOLF MILL PARKING LOT OFF CHURCH ST. BETWEEN MILWAUKEE & GREENWOOD.

Just added...

LAKE GENEVA FUN! TRIP

Thursday, May 28 - 8:30 a.m. to 5:30 p.m. - Trip Rate 2

\$67.00 members/\$72.00 guests



Let's enjoy a beautiful Spring Day in Lake Geneva. Upon our arrival you will have time to shop or leisurely enjoy the lake view. Then we will board the Lake Geneva Belle Excursion Boat and enjoy a narrated tour of this historic lake while having a delicious lunch. Our meal will feature Wisconsin Style Chicken - Chicken Breast stuffed with Cranberry and Pecan Dressing served with all the fixing's. Our last stop will be the Geneva Lake Museum which has been just recently upgraded and is full of historical facts of the area. Take time in the gift shop. So spend a beautiful day along the shorelines of Lake Geneva.



SHIPSHEWANA FLEA MARKET AND MORE...

Tuesday, June 2 - 7:00 a.m. to 7:00 p.m. - Trip Rate 3

\$38.00 members/\$43.00 guests

“Shop til you drop” is more than just a saying in Shipshewana! Plan on hunting for treasures through the 1,000 plus Flea Market vendors or spend time in the quaint town. On your own choose to have lunch from a variety of restaurants or food vendors on your own. Then we will tour the Menno-Hof Museum featuring multi-image presentations, historical environments, and colorful displays that take you on a fascinating journey inside the unique world of the Mennonites and Amish. We highly suggest you sign up early.

“SPECTACULAR SUNSET VI” TRIP

Lawry's, Millennium Park and Boat Ride

Wednesday, June 10 - 3:00 p.m. to 11:30 p.m. - Trip Rate 2

Cost: \$73.00 members/\$78.00 guests



This is the sixth year we will be enjoying Chicago at its best. We will start at Lawry's where you will choose ahead of time between **Roasted Prime Rib** or **Fresh Salmon with Balsamic Glaze** (lunch portion). Included will be Salad, Bread, Whipped Potatoes, Creamed Spinach and Strawberry English Trifle for Dessert. Following dinner you will have time to walk and enjoy the sights of Millennium Park. Then we board our own chartered Boat where we will go on Lake Michigan. Once again the **Banjo Buddies** will entertain us while we watch the “Fireworks” off of Navy Pier. Don't delay signing up, as this is a big seller!

More Trips on next page...



A TASTE OF HOME TRIP

Greendale, Wisconsin

Tuesday, June 16 - 7:00 a.m. to 6:30 p.m. - Trip Rate 2

\$90.00 members/\$95.00 guests

Greendale, Wisconsin is called the *Cookbook Capital of the Country!* This town is one of the three "Greenbelt Communities" started by the Roosevelt Administration in 1936 to provide needed housing for families and work for the unemployed, and also noted for unique "Backward" Houses in which the architect purposely positioned the homes this way for a better view! Our tour starts at the Reiman Visitor Center and Taste of Home Outlet in Historic Downtown Greendale. You will have a tour of Greendale on the bus and then time for shopping with a discount afterwards. Lunch will be at the Boerner Botanical Gardens in one of the dining rooms overlooking the gardens. Lunch features Fresh Greens with Lemon Vinaigrette, Cavatappi Pasta tossed with a Parmesan Cream Sauce, Mushrooms, and Sun Dried Tomatoes followed by a homemade Chocolate Chip Cookie and Vanilla Bean Ice Cream. Our last stop is Historic Trimborn Farm and Jeremiah's Curtain House for a guided tour. So come and venture out to a new and exciting location.

"PUMP BOYS AND DINETTES" TRIP

Drury Lane Oak Brook, IL

Wednesday, June 24 - 10:30 a.m. to 5:00 p.m. - Trip Rate 1

\$56.00 members/\$61.00 guests



This musical tribute to life by the roadside introduces us to four guys who pump gas, and two gals, the CUPP sisters, waitress/proprietors of the Double Cupp Diner. Between changing tires and baking pies, the gang performs a rousing, down-home mix of country western, rock n' roll and blues in this charming tale of friendship, romance and life's simple pleasures. Prior to this fun production you will enjoy lunch. Choose ahead of time between **Roast Pork** or **Stuffed Chicken Breast**. Both entrees served with a Spinach Mandarin Salad, Garden Vegetables, Potato or Rice, Fresh Baked Bread and Dessert.

UPCOMING DAY TRIPS

Mystery Trip Theme: Family Vacation

Tuesday, July 7 - Trip Rate 2

7:00 a.m. to 6:30 p.m.

\$70.00 members/\$75.00 guests

A Day in Kohler, Wisconsin

Thursday, July 16 - Trip Rate 3

7:00 a.m. to 6:30 p.m.

\$58.00 members/\$63.00 guests

Intergenerational Trip

"High School Musical 2"

Pheasant Run, St. Charles

Saturday, July 18 - Trip Rate 2

9:30 a.m. to 4:30 p.m.

Cost: \$50.00 Adults \$25.00 Kids

Great Lakes Naval Base

Friday, July 24 - Trip Rate 3

7:00 a.m. to 3:00 p.m.

\$60.00 members/\$65.00 guests

"The Witnesses"

The Fireside Theatre, Ft. Atkinson, WI

Thursday, July 30 - Trip Rate 1

8:00 a.m. to 5:30 p.m.

\$86.00 members/\$91.00 guests

EXTENDED TRIPS 2009



Northwest Pacific

July 20 - 28, 9 Days

American Classic Tours

Canada and New England Cruise

Sept. 20 - 27, 8 Days

Viking Travels

A Taste of Europe: In Wisconsin

August 25 - 27, 3 Days

American Classic Tours

Door County:

Cape Cod of the Midwest

October 5 - 7, 3 Days

American Classic Tours



**For a flyer please call the
MaineStreamers at 1-847-297-2510.**

**VISIT OUR WEBSITE AT
MAINETOWNSHIP.COM
SEE PHOTOS FROM OUR MUSICAL!**

BLACK HILLS AND BADLANDS TRIP

South Dakota

August 16 to 21, 2009

\$1,174 Double Occupancy/ \$1,149 Triple/\$1499 Single

Price includes a \$96 Trip Cancellation/interruption Insurance



Tour Highlights:

*10 meals: 5 Deluxe Cont. Breakfasts, 1 Lunch, 4 dinners *Mitchell Corn Palace * Wall Drug *Crazy Horse Memorial *Mount Rushmore *Custer State Park Jeep Ride *Custer State Park Game Lodge Dinner * Stav Kike Norwegian Chapel *Black Hills Gold Factory * Scenic Black Hills Train Ride * Deadwood and * Badlands State Park * Deluxe Motorcoach and * Home Pick up!

TRIP PREVIEW

Come and learn more about this 6- Day motorcoach trip on Tuesday, May 5 at 10:00 a.m. with Elizabeth from Fancy Free Holidays. Please register on the Registration Form. Call for a flyer at 1-847-297-2510.

EXTENDED TRIPS

TRAVEL FIESTA PART II

Thursday, May 28

10:00 a.m. to 11:30 a.m.

Presenter: Joe Conroy, President
American Classic Tours

Registration Required

Come and learn about the travel plans we have for the Summer, Fall and Winter 2009. Joe will give you a first hand look at the wonderful travel opportunities awaiting you!

CLASSES

COMPUTER WORKSHOP

"Windows"

Friday, May 1

10:30 a.m. to 12:30 p.m.

Instructor: Sherri Peterson

Cost: \$15.00 members/\$20.00 guests

Become more proficient in using Windows. Work with the Windows file structure to better manage your files and folders. Learn to customize your desktop, create shortcuts, create, save and retrieve documents, how to cut, copy and paste.

Prerequisite: Basic Computer Skills.

BEGINNERS/INTERMEDIATE TAI CHI

Thursdays, May 14 to July 2

3:30 p.m. to 5:00 p.m.

Instructor: Sylvester Marshall

Cost: \$40.00 for 8 classes



Learn and review your Tai Chi postures and stances in this class. Newcomers are welcome. Minimum Students: 12

BASIC CARD MAKING CLASS

Tuesday, May 26

1:00 p.m. to 3:00 p.m.

Cost: \$10.00 - includes supplies

Come on and try a NEW and FUN hobby! Make three lovely cards that are easy to do! This is a FUNtastic class!

RECREATIONAL PROGRAMS



USS MAINE MUSICAL MOVIE

Tuesday, May 5

1:00 p.m. to 2:00 p.m.

No Charge - Registration Required

If you missed our musical or if you would like to enjoy it again, please plan on attending the showing of the USS Maine. Light Refreshments will be served.

B I N G O

Thursday, May 7

Town Hall, 1700 Ballard, P.R.

Friday, May 15

Oakton Arms, 1665 Oakton Pl., D.P.

Doors Open: 12:00 noon

Games: 1:00 p.m.

Cost: \$2.00 or 2 Coupons each Bingo*

Come and enjoy playing Bingo! Prizes, delicious sweet rolls and coffee are included in the price.

*Coupon books of 5 coupons for \$5.00 can be purchased at either Bingo.



HAPPY MOTHER'S DAY



BOOK REVIEW

"I Feel Bad about My Neck..."

Thursday, May 14

10:00 a.m. to 11:00 a.m.

Presenter: Barbara Rinella

\$6.00 members only

Barbara Rinella will bring back to life Nora Ephron's humorous life lessons, which begin with this book's look at necks. Nora raises many more issues-eyesight, parenting, empty nesting and much, much more....

MOVIE OF THE MONTH

"The Visitor" PG13

Tuesday, May 19

Movie Begins: 1:00 p.m. to 3:00 p.m.

Cost: \$2.00 or 2 Coupons

Popcorn & Soda included

The lonesome widower and college economics professor finds his mundane existence suddenly shaken up when he befriends a pair of illegal immigrants, one of whom has recently been threatened with deportation.

PINOCHLE TOURNAMENT

Wednesday, May 20

Lunch: 11:30 a.m. to 12:15 p.m.

Competition begins: 12:15 p.m.

Cost: \$6.00 members/\$7.00 guests

Enjoy fun and competition at this "Three Handed Pinochle" Tournament. Lunch is included. Newcomers welcome! **Must be present by 12:00 noon!**



WOMEN'S TEA

"Musical Biography of

George Gershwin"

Thursday, May 21

10:30 a.m. to 12:00 noon

Cost: \$3.00 - includes refreshments

At our get together Evelyn Brenner will present a musical biography of George Gershwin, which includes songs by Ethel Merman, Judy Garland, Nelson Eddy and many more of your favorite performers. You'll hear songs you haven't heard in years, with a few laughs along the way!

"HOOKED ON FISHING" OUTING

Friday, May 22

8:00 a.m. to 2:00 p.m.

Cost: \$13.00



Today we fish at The Hollows in Cary. The price includes fishing, bait, Continental Breakfast, choice of 2 piece Chicken Dinner or Pork Tenderloin Sandwich and prizes. Carpooling available.

INFORMATIVE PROGRAMS

S.A.L.T. PROGRAM

Seniors and Law Enforcement Together

"Crimes Against the Elderly"

Tuesday, May 19

10:30 a.m. to 11:30 a.m.

No Charge - Registration Required

Today's lecture will offer useful information on identifying and preventing oneself from being a victim of money scams that are targeted to senior citizens.

Philips Lifeline

Emergency Response System

Thursday, May 21

1:00 p.m. to 2:30 p.m.

Registration Required

Lutheran General Hospital Older Adult Services and Maine Township are partnering to provide Philips Lifeline Service for our community. Lifeline is a personal response system that links you to 24 hour assistance at the push of a button in case of an emergency. There are many different reasons people subscribe to Lifeline. Among these are: people who live alone, post-operative patients, impaired older adults, and physically challenged persons. This partnership will help save you \$80.00 in installation fees. This will be an ongoing partnership.

VOLUNTEER OPPORTUNITIES

NEWSLETTER MAILING

Mark your calendar for Thursday, May 7th from 9:00 a.m. to 12:00 noon to come and help us collate and fold the June Newsletter.

Did you know ...

Wartime veterans, or spouses of wartime veterans, who live in either Assisted Living or Independent Living Retirement Communities, may be entitled to a monthly pension benefit to help pay for the costs of personal care or Assisted Living. To learn more call General Assistance Dept. 847-297-2510.

F.I.S.H

VOLUNTEER DRIVERS NEEDED!!!

We **NEED** volunteer **drivers**!! If you are interested in providing transportation to township residents who need local rides to medical appointments, etc...please call Gloria Stepek at 847-297-2510 ext 283.



Home Delivered Meal Drivers Needed

Volunteer drivers are needed for the home delivered meals program sponsored by Advocate Lutheran General Hospital Older Adult Services. The volunteers deliver hot lunches Monday through Friday to homebound elderly or disabled individuals in the community who cannot prepare their own meals. Volunteer drivers are asked to donate approximately one hour a week to transport meals to people in the Maine Township community of Park Ridge and Unincorporated Des Plaines. For more information call 847-296-0485

A big heartfelt thank you to our Income Tax Volunteers...

Paulette Carrion
Russell Gertsch
Jang Koo
Georgia Koromilas
Lucille Kozanecki
Inge Serpe
Barb Sylvan
Marzena Wojcik

Each of them worked selflessly through the tax season. The AARP tax volunteers helped hundreds of seniors file their tax returns this tax season!

HEALTH PROGRAMS

WALKING GROUP

Mondays - 9:00 a.m. to 10:00 a.m.
Meet at Golf Mill Mall Entrance 2
No Registration Required

Let's begin the month in a healthy way by walking together with a staff member. Newcomers are welcome.

BLOOD PRESSURE SCREENING

Wednesday, May 6

10:00 a.m. to 12:00 noon

Senior Advocate Office

8820 Dempster, Niles

FREE blood pressure screening is offered by Advocate Lutheran General Hospital.



Take a Step in the Right Direction

Wednesday, May 13

10:00 a.m. to 11:00 a.m.

Presenter: Dr. Mark E. Neamand

No Charge - Registration Required

This program will address issues such as non-surgical treatment of heel pain, spurs, simple treatments for the arthritic foot/ankle, and how to eliminate thick fungus toe nails, common foot problems in the diabetic patient and more!!

SPRING CLEANING 2009

Date: Saturday, May 2, 2009

Time: 11 AM to 4 PM

Location: Golf Mill Shopping Center

Parking lot facing Milwaukee Ave. near XSport Fitness entrance.

DID YOU KNOW THAT EVERY YEAR THOUSANDS OF ELECTRONICS ARE DISCARDED IMPROPERLY? MAINE TOWNSHIP HAS PARTNERED WITH GOLF MILL SHOPPING CENTER TO DO OUR PART TO MAKE A GREENER EARTH FOR TODAY AND TOMORROW.

Recycle your cell phones/batteries, stereo equipment, fax machines, TV's and Computer monitors.

W.I.N.G.S. (Women in Need Growing Stronger) will be collecting clothing and gently used furniture.

Habitat for Humanity Restores will accept household products including kitchen and bathroom fixtures, doors, windows, light fixtures, etc.

Maine Township is one of the sponsors of this community event!



MEMORIAM

Marilyn Bickel Henry Homa
Raymond Hierz Joseph Morys
Marcia Wrzos

If you know of someone who is ill or has passed away, we would like to send a card. Please call the MaineStreamers at 1-847-297-2510.

MAY REGISTRATION FORM

1. **Complete form, sign name and detach entire registration form. If you are signing up another member we must also have their registration form.**

Please do not staple or scotch tape checks!

2. **Mail Only (No walk-ins or phone reservations) to:**

Maine Township MaineStreamers (M.T.M.S.)
 1700 Ballard Road
 Park Ridge, IL 60068

3. **Enclose a separate check and/or coupon for each event and make checks payable to M.T.M.S.**

Indicate number attending each event by placing the number in the space before each event:

E-mail alert List: _____ @ _____ . **Please add me!**

Recreational Activities

_____ Bingo at Town Hall - Thursday, May 7 - \$2.00 or 2 Coupons

_____ Bingo at Oakton Arms - Friday, May 15 - \$2.00 or 2 Coupons

_____ "It's Getting Warmer" Luncheon - Tues., May 12 - \$15.00 members/\$16.00 guests
+ \$2.50 FISH

_____ USS Maine Musical Movie - Tuesday, May 5 - No Charge

_____ Book Review - *I Feel Bad...* - Thursday, May 14 - **\$6.00 members only**

_____ Movie of the Month - *"The Visitor"* - Tuesday, May 19 - \$2.00 or 2 coupons

_____ Pinochle Tournament - Wednesday, May 20 - \$6.00 members/\$7.00 guests

_____ Women's Tea - Thursday, May 21 - \$3.00 or 3 coupons

_____ "Hooked on Fishing" - *The Hollows* - Friday, May 22 - \$13.00

Choose entrée: Chicken Dinner _____ **White** _____ **Dark** or _____ **Pork Tenderloin Sandwich**

Classes

_____ Computer Workshop - *"Windows"* Friday, May 1 - \$15.00 members/ \$20.00 guests

_____ Tai Chi - \$40.00 for 8 classes

_____ Basic Card Making - Tuesday, May 26 - \$10.00 includes supplies

Informative Programs

_____ S.A.L.T - *"Crimes Against the Elderly"* - Tuesday, May 19 - No Charge

_____ Philips Lifeline Emergency Response System - Thursday, May 21 - No Charge

Health Program

_____ Take a Step in the Right Direction - Wednesday, May 13 - No Charge

Extended Trips

_____ Badlands Trip Preview - Tuesday, May 5 - No Charge

_____ Travel Fiesta Part II - Thursday, May 28 - No Charge

Day Trips Please remember to send a self-addressed, stamped envelope for EACH trip!

_____ "Lake Geneva Fun!" Trip - Thurs., May 28 - \$67.00 members/\$72.00 guests ☐

_____ "Shipshewana Flea Market" Trip - Tues., June 2 - \$38.00 members/\$43.00 guests ☐

_____ "Spectacular Sunset VI" Trip - Wednesday, June 10 - \$73.00 members/\$78.00 guests ☐

Choose entrée: _____ **Prime Rib** or _____ **Salmon**

_____ "A Taste of Home" Trip - Tues., June 16 - \$90.00 members/\$95.00 guests ☐

_____ "Pump Boys and Dinettes" Trip - Wed. June 24 - \$56.00 members/ \$61.00 guest

Choose Entrée: _____ **Roast Pork** or _____ **Stuffed Chicken Breast**

Special Needs: Wheelchair Accessibility, Visual/Audio aids, etc..) Please Specify:

On Day Trip(s) please seat me with (Limit 1): _____

Print Your

Name: _____ **Phone Number:** _____