



# April 2010

Maine Township MaineStreamers



1700 Ballard Road, Park Ridge, IL 60068 1-847-297-2510

### Mission Statement

To enhance the quality of life for residents 55 years of age and older by providing a broad array of educational programs and recreational activities that encourage socialization, learning and promote independence, self esteem and dignity.

*Greetings from Mary!*

Can I ask you for a favor? Pull out your 2010 calendar and mark an important date in April. Get your pen out and circle Friday, April 23rd when we will showcase our 4th Annual Swing Into Spring Senior Expo at Golf Mill Shopping Center. Over 50 vendors displaying their services and products along with Local and State agencies will be there to assist you. You can even play Bingo or renew your drivers license! We will have raffles and performances by community entertainers! See the enclosed flyer and help us by posting it in a prominent place, perhaps on your Condo bulletin board. So plan a day with us and bring your friends!

Mary Swanson, Director

### AUSTRALIA AND NEW ZEALAND TRIP PREVIEW

Wednesday, April 7

10:00 a.m. to 11:30 a.m.

**No Charge - Registration Required**

Learn all about this once-in-a-lifetime trip with Rick Hazan of Dream Makers Vacation. For more information about this trip read the enclosed flyer.



### SPRING LUNCHEON

Tuesday, April 13

Chateau Ritz, 9100 Milwaukee, Niles

Doors Open: 11:00 a.m.

Lunch Served: 12:00 p.m.

Cost: \$15.00 members/\$16.00 guests  
+ \$2.50 Fish

Lunch features a Tossed Salad, Chicken Chateau with Artichoke Hearts and Chardonnay Wine Sauce or Salmon (Fish Choice), Wild Rice, Peas and Carrots and Chocolate Mousse for Dessert. Then stay for Chicago's singing sensation, Peter Oprisko, America's best "Sinatra" singer. Bingo to follow. Blood Pressure Screenings sponsored by Resurrection Healthcare.

**Reservations and cancellations due by Tuesday, April 6th... (No Exceptions)**

Next Luncheon will be on Tuesday, May 11th at Chateau Ritz.

*Sponsored by*



### BOOK REVIEW

**"Celebrating Heroes!"**

Presenter: Barbara Rinella

Wednesday, April 14

10:00 a.m. to 11:00 a.m.

Cost: \$6.00 members/\$7.00 guests

Learn important life lessons from Tom Brokaw's *Greatest Generation*, and Abraham Lincoln, Albert Einstein, Winston Churchill, Mother Teresa, Katherine Hepburn, and Erma Bombeck!

### REVERSE MORTGAGE WORKSHOP

Wednesday, April 28 -2:00 p.m. to 3:30 p.m.

Presenter: Trustee Susan Moylan Krey

**No Charge - Registration Required**

**What is a Reverse Mortgage? Do I need one? Trustee Susan Moylan Krey and Anthony Ricchiuto, a Certified Reverse Mortgage Consultant, will host a presentation on *Fixed Rate Reverse Mortgages and Reverse Mortgages for Use for***

### MEMORIAM

**Paul Greco**

If you know of someone who is ill or has passed away, we would like to send a card. Please call the MaineStreamers at 1-847-297-2510.

### Day Trip Information

Rate 1-“Easy” means usually one stop, some walking and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and sometimes stairs.

Rate 3-“Difficult” means that there are at least two stops and sometimes stairs and moderate to heavy walking.

### Cancellation Policy

When canceling please keep in mind that we need to be able to resell your ticket first. If we are able to resell, a \$3.00 cancellation fee will be charged per ticket. If the ticket is not resold, there will be no refund.

### Guest Policy

If the trip indicates that guests are allowed the policy is one per paid member.

### Special Requests

Please limit your request to sit with one person only. Also, if you need any special assistance, such as wheelchair access, special menu etc...indicate both on the Registration Form.

**Please enclose a self-addressed stamped envelope for each day trip!**

### **CINDERELLA**

**Fireside Theatre, Ft. Atkinson, Wisconsin**

**Thursday, May 6 - 8:00 a.m. to 6:30 p.m. - Trip Rate 1**

**\$87.00 members/\$92.00 guests**



Enjoy Rodgers and Hammerstein's musical adaptation of one of the world's most enduring love stories. You'll be captivated by its humor, its romance, its beauty, and its great, great music. The menu served before the show will be Pasta Deli Salad followed by Lean Pork Back Ribs and Breast of Skinless Chicken dipped in an Egg Batter, a Baked Idaho Potato filled with Broccoli Buds in a Cheese Sauce. Dessert is Pumpkin Ginger Carmel Flan.



### **BOBBY VINTON LIVE IN CONCERT**

**Drury Lane, Oak Brook, Illinois**

**Monday, May 10 - 10:45 a.m. to 5:00 p.m. - Trip Rate 1**

**\$76.00 members/\$81.00 guests**

In this full-stage musical gala the “Total Entertainer” pulls out all the stops. “Blue Velvet”, “Roses are Red” and “Mr. Lonely” are just a few of the songs you will enjoy! Everyone will start their meal with a Caesar Salad followed by your choice ahead of time of **Pike Francais with Lemon Sauce and Capers, Chicken Provencal with Spinach and Artichokes, Sundried Tomatoes and White Wine or Prime Rib.** Dessert will be served.

### **I DO, I DO**

**Theatre at the Center, Munster, Indiana**

**Wednesday, May 19 -10:30 a.m. to 6:30 p.m. - Trip Rate 1**

**\$64.00 members/\$69.00 guests**



Begins with Michael and Agnes on their wedding day and traces their life together over a period of 50 years, until the day they leave their house to the next pair of newlyweds. Enjoy a tuneful, charming score. Lunch will be a Mixed Spring Green Salad, your choice ahead of time of **Grilled Coulette Steak or Corn Tortilla Crusted Tilapia,** Roasted Yukon Gold Potatoes, Italian Green Beans and Strawberry “Wedding” Cake for Dessert!

### **SWISS AND SHOUT TRIP**

**Rockford, Illinois - Offered by Viking Travels**

**Thursday, May 27 - 7:30 a.m. to 5:30 p.m. - Trip Rate 2**

**Cost: \$85.00 members/\$90.00 guests**



Our first stop is the beautiful **Tinker Swiss Cottage** a “treasure trove” of a time gone by and it's loved by the many visitors who come to experience its rich history. Off to the **Hoffman House**, which is the region's oldest fine-dining restaurant. We will enjoy a lunch of Prime Rib served with Jell-O Salad, Mashed Potatoes with Gravy, Vegetable of the Day, Bread Basket and Chef's Choice for Dessert. **The Mike Williamson Show** follows lunch, Performance of “Broadway Gold” show tunes along with million-selling hits of the 60's and 70's. A guided tour of Rockford will complete this fun-filled day.

### **UPCOMING DAY TRIPS**

**Golden Jewels of Lake County  
Pyramid & Cuneo Mansion - Trip Rate 3  
Wednesday, June 2  
9:30 a.m. to 5:00 p.m.  
Cost: \$60.00 / \$65.00**



**Sugar  
Drury Lane Oak Brook - Trip Rate 1  
Thurs., June 17 - 10:30 a.m. to 5:00 p.m.  
\$61.00 members / \$66.00 guests**

**White Pines Outing  
Oregon, IL - Trip Rate 1  
Wed., June 23 - 9:00 a.m. to 6:00 p.m.  
\$55.00 members / \$60.00 guests**



**Spectacular Sunset Trip VII  
Downtown Chicago - Trip Rate 3  
Wed., June 30 - 3:00 p.m. to 11:30 p.m.  
Price: \$78.00 members / \$83.00 guests**

### **EXTENDED TRIPS 2010**

**Music Road: From Nashville to Memphis  
May 20 - 25, 6 Days**

**Mackinac Island Lilac Festival  
June 18 - 22, 5 Days**



**Minocqua & the Northwoods of Wisconsin  
July 20 - 22, 3 Days**

**America's Majestic National Parks  
August 23 - 30, 8 Days**



**Cape Cod: A Seaside Holiday  
September 7 - 11, 5 Days**

**Brown County, Indiana  
October 27 - 29, 3 Days**

**All trips above are being offered by  
American Classic Tours**

**For a flyer please call the  
MaineStreamers at 1-847-297-2510.**

### **HEALTH HAPPENINGS**

#### **EXERCISE FOR ARTHRITIS**

**Tuesday, April 6**

**10:00 a.m. to 11:30 a.m.**

**No Charge - Registration Required**

Smart, pain-free exercise protocols for all levels of arthritis. This hands-on exercise program should be beneficial to all!

#### **BLOOD PRESSURE SCREENING**

**Wednesday, April 7**

**10:00 a.m. to 12:00 noon**

**Senior Advocate Office  
8820 Dempster, Niles**

FREE blood pressure screening is offered by Advocate Lutheran General Hospital. A record of your B/P will be given.

### **FEATS OF FITNESS PROGRAM**

**Wednesday, April 14**

**9:00 a.m. to 10:00 a.m.**

**Golf Mill Shopping Center**

Enjoy a talk by Carl Maniscalco, Executive Director of Niles Fitness Center. He will speak on the benefits of a well balanced fitness program including Cardiovascular fitness, Muscular Strength and endurance, Flexibility and Balance. Join our walking group on Mondays at 9:00 a.m.

### **CLASSES**

#### **RULES OF THE ROAD CLASS**

**Thursday, April 8**

**1:00 p.m. to 3:00 p.m.**

**No Charge - Registration Required**

Need to renew your drivers license? Plan on attending this Secretary of State refresher course that prepares you for the written exam. Next Class: September 9th.

#### **TAI CHI**

**Thursdays, April 8 - May 27**

**3:30 p.m. to 5:00 p.m.**

**Instructor: Sylvester Marshall**

**Cost: \$40.00 for 8 classes**



Learn and review your Tai Chi postures and stances in this class. Newcomers are welcome. Minimum Students: 12

#### **COMPUTER WORKSHOP**

**Monday, April 12**

**2:00 p.m. to 3:00 p.m.**

**Instructor: Lee Huber**

**Cost: \$10.00 members / \$15.00 guests**

Why not learn how you can make money on e-bay by turning your household items into cash. Attend this workshop to learn the basics of safely selling your "junk" and have fun doing it!

#### **ZUMBA GOLD**

**Tuesdays, April 20 to June 8**

**1:00 p.m. to 2:00 p.m. - 8 Classes**

**Instructor: Diane Garvey**

**Location: Golf Maine Park District  
Feldman Center, 8800 Kathy Lane, Niles**

**\*Cost: \$32.00 members / \$40.00 guests**

Designed specifically for the senior population, Zumba Gold fuses Latin rhythms and easy to follow moves to create a great fitness program.

**\*Please note: A price increase has been made to cover expenses.**





### **"AARP'S DRIVER SAFETY PROGRAM"**

**Mon., April 26 and Wed., April 28**

**9:00 a.m. to 1:00 p.m.**

**Instructor: Stanley Fukai, AARP**

**\$12.00 AARP members/\$14.00 non members**

**Check due on the first day - Payable to AARP**

This class updates your knowledge of age-related changes and Rules of the Road. Upon completion, your automobile insurance company will offer a discount.

**Next Class: Mon., Aug. 30 and Wed., Sept. 1.**

## **RECREATIONAL PROGRAMS**

### **BINGO**

**Thursday, April 1**

**Town Hall, 1700 Ballard, P.R.**

**Friday, April 16**

**Oakton Arms, 1665 Oakton Pl., D.P.**

**Doors Open: 12:00 noon**

**Games: 1:00 p.m.**

**Cost: \$2.00 or 2 Coupons each Bingo\***

Come and enjoy playing Bingo! Prizes, delicious sweet rolls and coffee are included. \*Coupon books of 5 coupons for \$5.00 can be purchased at either Bingo.



### **"HOOKED ON FISHING" OUTING**

**The Glen, Glenview**

**Mon., April 12 - 8:00 a.m. to 2:00 p.m.**

**Cost: \$13.00**

Join us as we kick-off our 2010 fishing season at The Glen. Included in the price is fishing, bait, Continental Breakfast, a Broasted Chicken Lunch and prizes. Please note: Transportation on your own. You must have a fishing license.

### **MOVIE OF THE MONTH**

**UP - PG 13**

**Tuesday, April 20**

**Movie Begins: 1:00 p.m. to 3:00 p.m.**

**Cost: \$2.00 or 2 Coupons**

**Popcorn & Soda included**

Disney's Pixar's UP is an animated comedy adventure about a 78 year old man and an 8 year old stowaway.

### **BOWLING OUTING**

**Thursday, April 22**

**11:00 a.m. to 2:00 p.m.**

**River-Rand Bowl-191 S. River Rd. D.P.**

**\$17.00 members/\$19.00 guests**

You will enjoy two games of bowling and a lunch featuring Salad and Pizza. Prizes will be awarded.

### **WOMEN'S TEA**

**Thursday, April 22**

**10:30 a.m. to 12:00 noon**

**Cost: \$3.00 or 3 coupons**

**Registration Required - Refreshments**

Amazing Women History Theatre will present Women Living Dangerously. Included is Amelia Earhart, Mother Jones and Artist Alma Rose.

### **TWILIGHT DINING**

**Bob Chinn's Crab House**

**393 Milwaukee, Wheeling, IL**

**Tuesday, April 27**

**5:30 p.m. to 8:00 p.m.**

**Cost: \$34.00 members/\$36.00 guests**

Let's celebrate Spring with an evening out. Our menu starts with a Tossed Salad followed by an Appetizer Plate featuring Blue Crab Claws, Garlic Shrimp and Calamari. Our plated meal will include a Lamb Chop, Crab Vermicelli and Coconut Shrimp. Then an assortment of Bob's Favorite Desserts. Transportation on your own.



## **INFORMATIVE PROGRAM**

**"IRAs" - A series of Financial Seminars**

**Tuesday, April 20**

**10:00 a.m. to 11:30 a.m.**

**Kerry Bahnick, Financial Consultant**

**No Charge - Registration Required**

Kerry brings a light-hearted and fun approach to serious topics like IRAs. Is the Roth Conversion Right for You and how to stretch your IRA and Make Uncle Sam cry! Join us to learn about

**"HOME SHARING"**

**Wednesday, April 21**

**10:00 a.m. to 11:30 a.m.**

**No Charge- Registration Required**

The Center of Concern's Home Sharing program matches homeowners having extra space in their homes with individuals who need affordable housing.

**"THE MALTESE FALCON"**

**Book Discussion**

**Thursday, April 29 -**

**10:00 a.m. to 11:30 a.m.**

**Niles Public Library**

**No Charge- Registration Required**

Please join us for a discussion on the Maltese Falcon by Dashiell Hammett.



**APRIL REGISTRATION FORM**

- 1. Complete form, sign name and detach entire registration form. If you are signing up another member we must also have their registration form. Please do not staple or scotch tape checks!**
- 2. Mail Only (No walk-ins or phone reservations) to:**  
Maine Township MaineStreamers (M.T.M.S.)  
1700 Ballard Road  
Park Ridge, IL 60068
- 3. Enclose a separate check and/or coupon for each event and make checks payable to **M.T.M.S.****

Please put me on your e-mail alert list \_\_\_\_\_@\_\_\_\_\_.\_\_\_\_\_

**Indicate number attending each event by placing the number in the space before each event.**

**Recreational Activities**

- \_\_\_ Bingo at Town Hall - Thursday, April 1 - \$2.00 or 2 Coupons
- \_\_\_ Bingo at Oakton Arms - Friday, April 16 - \$2.00 or 2 Coupons
- \_\_\_ "Spring" Luncheon - Tuesday, April 13 - \$15.00 members/\$16.00 guests  
+ \$2.50 FISH
- \_\_\_ Hooked on Fishing - *The Glen* - Monday, April 12 - \$13.00
- \_\_\_ Movie of the Month - "UP" - Tuesday, April 20 - \$2.00 or 2 coupon
- \_\_\_ Bowling - Thursday, April 22 - \$17.00 members/\$19.00 guests
- \_\_\_ Women's Tea - Thursday, April 22 - \$3.00 or 3 coupons
- \_\_\_ Twilight Dining - Tuesday, April 27 - \$34.00 members/\$36.00 guests

**Classes**

- \_\_\_ Rules of the Road Class - Thursday, April 8 - No Charge
- \_\_\_ Tai Chi Class - \$40.00 for 8 classes
- \_\_\_ Computer Workshop - *E-bay* - Monday, April 12 - \$10.00 members/\$15.00 guests
- \_\_\_ Zumba Gold - \$32.00 members/\$40.00 guests for 8 classes **\*New Price**
- \_\_\_ AARP'S Driver Safety Program - \$12.00 AARP members/\$14.00 non-members\*  
**\*Payable on the first day of classes**

**Health Happeings**

- \_\_\_ Exercise For Arthritis Program - Tuesday, April 6 - No Charge

**Informative Program**

- \_\_\_ "Book Review" - *Celebrating Heroes* - Wed., April 14 - \$6.00 members/ \$7.00 guests
- \_\_\_ "IRAs" - Financial Seminar - Tuesday, April 20 - No Charge
- \_\_\_ "Home Sharing" Program - Wednesday, April 21 - No Charge
- \_\_\_ "Reverse Mortgage" - Wednesday, April 28 - No Charge
- \_\_\_ "Maltese Falcon" Book Discussion - Thursday, April 29 - No Charge

**Extended Trip**

- \_\_\_ Australia and New Zealand Trip Preview - Wednesday, April 7 - No Charge

**Day Trips**

- 1. Please remember to send a self-addressed, stamped envelope for EACH trip!**
- 2. On Day Trip(s) please seat me with (Limit 1):** \_\_\_\_\_
- 3. Special Needs: Wheelchair Accessibility, Visual/Audio aids, etc..) Please Specify:**

- \_\_\_ "Cinderella" Trip - Thursday, May 6 - \$87.00 members/\$92.00 guests ☐
- \_\_\_ "Bobby Vinton" Trip - Monday, May 10 - \$76.00 members/\$81.00 guests ☐  
**Choose Entrée: \_\_\_ Pike Francais, \_\_\_ Chicken Provencal or \_\_\_ Prime Rib**
- \_\_\_ "I Do, I Do" - Wednesday, May 19 - \$64.00 members/\$69.00 guests ☐  
**Choose Entrée: \_\_\_ Grilled Coulette Steak or \_\_\_ Tilapia**
- \_\_\_ "Swiss and Shout" Trip - Thursday, May 27 - \$85.00 members/\$90.00 guests ☐

**Print Your**

**Name:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_