



# March 2009



Maine Township MaineStreamers

1700 Ballard Road, Park Ridge, IL 60068 1-847-297-2510

### Mission Statement

To enhance the quality of life for residents 55 years of age and older by providing a broad array of educational programs and recreational activities that encourage socialization, learning and promote independence, self esteem and dignity.

**If one is lucky, a solitary fantasy can totally transform one million realities.**

**Maya Angelou**

*Greetings from Mary!*

*We have a great luncheon planned for you this month. Come aboard the USS Maine and enjoy all the fun as our talented Elected Officials, MaineStreamers and Maine Township staff take the stage. You'll enjoy a 7-day cruise without leaving your seat!*

*On another note I am thrilled to introduce our newest staff member, Dawne Hayman. A graduate of Maine East High School, Dawne has strong ties to Maine Township and her enthusiasm in her new position is overflowing. So the next time you meet Dawne join us in welcoming her!*

*Mary Swanson, Director*

### MAINE TOWNSHIP OPEN HOUSE

TUESDAY, MARCH 3rd

5:30 P.M. TO 7:30 P.M.

- \* DISPLAY OF SERVICES
- \* LIGHT REFRESHMENTS
- \* BUILDING TOURS
- \* ENTERTAINMENT

PLEASE COME AND EXPLORE!



### INTRODUCING...

#### **DAWNE HAYMAN, SENIOR ASSOCIATE**

**Born and raised in Illinois, I am a proud graduate of Maine East High School. I traveled west to Tucson, Arizona to continue my education at the University of Arizona. I enjoy art, music, writing, running outdoors, cooking and reading. I am delighted to be part of the MaineStreamer Staff and look forward to meeting you. I feel like I have returned to my roots and I am "at home again" with my new Maine Township family.**

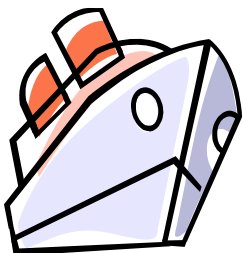
### VOLUNTEER OPPORTUNITIES

#### **NEWSLETTER MAILING**

Mark your calendar for Thursday, March 12th from 9:00 a.m. to 12:00 noon to come and help us collate and fold the April Newsletter. Bakery by wonderful Helen will be featured.

#### CONGRATULATIONS HELEN JUNG

Helen Jung has been selected to receive Cook County's 2009 Unsung Heroine Award. She will receive it at the Chicago Cultural Center on Friday, March 13th. Maine Township Staff and Elected Officials congratulate her. Helen on this wonderful honor. Helen you are awesome!



### "CRUISIN' THE MAINE SEAS" MUSICAL LUNCHEON

Wednesday, March 11

Chateau Ritz, 9100 Milwaukee, Niles

Doors open at 11:00 a.m.

Lunch Served at 12:00 noon

Show begins at 1:30 pm

Cost: \$15.00 members/\$16.00 guests + \$2.50 Fish

**DO NOT MISS** the luncheon of the year! Your fellow MaineStreamers, Maine Township Staff and Elected Officials will be entertaining you with their original production "Cruisin' the Maine Seas" Musical. Before hand fill up on our menu of Cream of Asparagus Soup, Corned Beef or Tilapia, Cab-

### Day Trip Information

Rate 1-“Easy” means usually one stop, some walking and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and sometimes stairs.

Rate 3-“Difficult” means that there are at least two stops and sometimes stairs and moderate to heavy walking.

### Cancellation Policy

When canceling please keep in mind that we need to be able to resell your ticket first. If we are able to resell, a \$3.00 cancellation fee will be charged per ticket. If the ticket is not resold, there will be no refund.

### Guest Policy

If the trip indicates that guests are allowed the policy is one per paid member.

### Special Requests

Please limit your request to sit with one person only and indicate this on your registration form. Also, if you need any special assistance, such as wheelchair access, special menu etc...indicate this on the Registration Form. Please enclose a self-addressed stamped envelope for each day trip!

**All Trips depart GOLF MILL PARKING LOT OFF CHURCH ST. BETWEEN MILWAUKEE & GREENWOOD.**

### **MILLIE’S AND YERKES OBSERVATORY TRIP**

**Lake Delevan and Lake Geneva, Wisconsin**

**Friday, April 3 - 8:45 a.m. to 5:45 p.m. - Trip Rate 3**

**\$47.00 members/\$52.00 guests**



Explore the universe as we visit the birthplace of modern astrophysics - Yerkes Observatory. Established in 1897 on Geneva Lake in Williams Bay. Today the 77-acre, park-like site provides laboratory space and access to telescopes for research and instruction. Then we are off to the famous Millie's in Lake Delevan. This quaint restaurant and shops offer delicious food and grand entertainment. Your lunch consists of Tossed Salad with Hot Dutch Dressing, Chicken and Dumplings followed by Bread Pudding with Eggnog Sauce for Dessert. Then enjoy the show “Legends” with timeless numbers from Patsy Cline, Frank Sinatra, Dolly Parton and more...



### **GUYS AND DOLLS**

**The Armory, Janesville, Wisconsin**

**Thursday, April 16 - 9:00 a.m. to 5:30 p.m. - Trip Rate 1**

**\$82.00 members/\$87.00 guests**

The first time we brought a group here...they were amazed and loved it! So, here we go again...we will arrive at The Armory in time to enjoy a fantastic lunch! Ordering off the menu you will have a choice of soup or salad, three (or four) entrees, and two desserts. Don't leave your seats as the show is about to begin...considered by many to be the perfect musical comedy - Guys and Dolls soars with the spirit of the Great White Way as it introduces a cast of vivid characters who have become legends in the cannon: Sarah Brown-the upright but uptight “mission doll” - out to reform the evildoers of Times Square; Sky Masterton- The slick, high rolling gambler - who woos her on a bet and ends up falling in love...This oddball romantic comedy is bursting with classic hits...“Luck be a Lady”, “A Bushel and a Peck”, “Sit Down -You’re Rocking the Boat”, “I’ll Know” and “Guys and Dolls”!

### **SIMPLY BALLROOM WITH DEBBIE REYNOLDS TRIP**

**Aurora, Illinois**

**Saturday, April 25 - 11:00 a.m. to 5:30 p.m. - Trip Rate 2**

**\$90.00 members/\$95.00 guests**



If you don't miss an episode of “Dancing with the Stars”, you won't want to miss the passion and energy of the world's top-ranked competitive dancers live at the Paramount Theater. This lavish production full of glitz, glamour and breathtaking performances is hosted by Debbie Reynolds. This should really be quite the show! Prior to the show enjoy a Luncheon Buffet at Walter Payton's Roundhouse. Included in the Buffet is Wild Field Greens, Macadamia Crusted Chicken, Honey Mustard Glazed Salmon Filet, Garlic Herb Mashed Potatoes, Sautéed Spring Vegetables, Rolls and Butter. Dessert will be Brownies and Cookies!



## UPCOMING DAY TRIPS

**Cubs vs. Brewers**  
**Milwaukee, Wisconsin**  
**Saturday, May 9 - Trip Rate 3**  
**3:45 p.m. to 11:00 p.m.**  
**\$70.00 members/\$75.00 guests**

**"Crazy for You"**

**Theatre at the Center**  
**Munster, Indiana**

**Wednesday, May 20 - Trip Rate 1**  
**10:30 a.m. to 6:30 p.m.**  
**\$61.00 members/\$66.00 guests**

**Shores of Lake Geneva Trip**  
**Overnight at The Abby Resort**  
**Fontana, Wisconsin**

**Departs: Thursday, May 28 at 8:30am**  
**Returns: Friday, May 29 at 6:00 p.m.**  
**\$235.00 Double Occupancy**  
**\$300.00 Single Occupancy**

## **CLASSES**

### **BASIC CARD MAKING CLASS**

**Tuesday, March 3**

**New Time: 1:00 p.m. to 3:00 p.m.**

**Cost: \$10.00 - includes supplies**

Come on and try a NEW and FUN hobby!  
 Make three lovely cards that are **easy** to  
 do! This is a FUNtastic class! Make some  
 Easter and Passover Cards!

### **COMPUTER WORKSHOP**

**"Intermediate Computer Skills"**

**Friday, March 13**

**10:30 a.m. to 12:30 p.m.**

**Instructor: Sherry Peterson**

**Cost: \$15.00 members**

Do you know the basics about computers  
 and want to take it to the next level? This  
**hands-on** class will teach you what to do  
 next. Learn more about Windows, how to  
 create and correct documents and more.

### **BEGINNERS/INTERMEDIATE TAI CHI**

**Thursdays, March 12 to April 30**

**3:30 p.m. to 5:00 p.m.**

**Instructor: Sylvester Marshall**

**Cost: \$40.00 for 8 classes**

Learn and review your Tai Chi postures  
 and stances in this class. Newcomers are  
 welcome. Minimum Students: 12



## Extended Trips 2009



**Holland Tulip Festival**

**May 6 - 8, 3 Days**

**American Classic Tours**

**Atlantic City & Amish Country**

**May 30 - June 5, 7 Days**

**Fancy Free Holidays**

**Mississippi River Magic**

**June 17 - 19, 3 Days**

**American Classic Tours**



**Northwest Pacific**

**July 20 - 28, 9 days**

**American Classic Tours**

**Canada and New England Cruise**

**Sept. 20 - 27, 7 Days**

**Viking Travels**



**For a flyer please call the**

**MaineStreamers at 1-847-297-2510.**

## **RECREATIONAL ACTIVITIES**

**\*\*\*BINGO\*\*\***

**Thursday, March 5**

**Town Hall, 1700 Ballard, P.R.**

**Friday, March 20**

**Oakton Arms, 1665 Oakton Pl., D.P.**

**Doors Open: 12:00 noon**

**Games: 1:00 p.m.**

**Cost: \$2.00 or 2 Coupons each Bingo\***

Come and enjoy playing Bingo! Prizes,  
 delicious sweet rolls and coffee are  
 included in the price.

\*Coupon books of 5 coupons for \$5.00  
 can be purchased at either Bingo.

### **MOVIE OF THE MONTH**

**"Mama Mia" PG13**

**Tuesday, March 17**

**Movie Begins:**

**1:00 p.m. to 3:00 p.m.**

**Cost: \$2.00 or 2 Coupons**

**Popcorn & Soda included**

Set on a colorful Greek Island, the plot  
 serves as a background for a wealth of  
 ABBA songs. A young woman about to  
 be married discovers that any one of  
 three men could be her father. She  
 invites all three to the wedding without  
 telling her mother. Meryl Streep and  
 Pierce Bronson star.





### **PINOCHLE TOURNAMENT**

**Wednesday, March 18**

**Lunch: 11:30 a.m. to 12:15 p.m.**

**Competition begins: 12:15 p.m.**

**Cost: \$6.00 members/\$7.00 guests**

Enjoy fun and competition at this "Three Handed Pinochle" Tournament.

Lunch is included. Newcomers welcome!

**Must be present by 12:00 noon!**

### **WOMEN'S TEA**

**"Alicia"**

**Thursday, March 26**

**10:30 a.m. to 12:00 noon**

**Cost: \$3.00 - Registration Required**

Womanlore brings to life powerful women of bygone eras who have been waiting in the wings for someone to invoke their spirits, to give them space for a time, to live again in hearts and minds... to live again in the moment. Today's story "Alicia" - a dynamic story about the Holocaust will be presented by Betsey Means and directed by Eileen Vorbach.

### **"HOOKED ON FISHING" KICKOFF PROGRAM**

**Thursday, March 26**

**Held at Niles Senior Center,**

**999 Civic Center Dr, Niles**

**1:00 p.m. to 2:30 p.m.**

**No Charge - Registration Required**

Join us as we kick off our 2009 season. The schedules and maps will be available. Today's program will feature Brenda McKinney from the Department of Natural Resources to present "Urban Fishing". New participants welcome!



### **INFORMATIVE PROGRAMS**

**"Overcoming Crushing Grief"**

**Tuesday, March 3**

**10:00 a.m. to 11:00 a.m.**

**No Charge - Registration Required**

Jack Cain's lecture will focus on grief. Jack shares the grief he experienced in his own immediate family. After losing his wife, son and daughter in a 20-month period from unrelated causes, he feels compelled to share with others how he was able to overcome such crushing grief.

**Visit our website at [www.maintownship.com](http://www.maintownship.com)**

### **S.A.L.T. PROGRAM**

**Seniors and Law Enforcement Together  
"Bomb Unit"**

**Tuesday, March 17**

**10:30 a.m. to 11:30 a.m.**

**No Charge - Registration Required**

FBI certified Sheriff's Police technicians will explain the intricacies of the training and technology used to deal with improvised explosive devices nuclear, biological, and chemical agents.

### **HEALTH PROGRAMS**

#### **WALKING GROUP**

**Mondays - 9:00 a.m. to 10:00 a.m.**

**Meet at Golf Mill Mall Entrance 2**

**No Registration Required**

Let's begin the month in a healthy way by walking together with a staff member. Newcomers are welcome.

#### **BLOOD PRESSURE SCREENING**

**Wednesday, March 4**

**10:00 a.m. to 12:00 noon**

**Senior Advocate Office**

**8820 Dempster, Niles**

FREE blood pressure screening is offered by Advocate Lutheran General Hospital.

### **Memoriam**

**Jack Simon**

If you know of someone who is ill or has passed away, we would like to send a card. Please call the MaineStreamers at 847-297-2510.

**Seniors...if you still want to ride the CTA, Metra and Pace for free after April 1st and you haven't signed up for a senior ride "smart card" now's the time. Seniors who don't switch over from reduced-fare cards to smart cards will have to pay the reduced fare. Stop by our Clerk's office and they can assist you.**

**Clerk Gary K. Warner**

### **CIRCUIT BREAKER/ILLINOIS CARES RX APPLICATIONS AVAILABLE**

If you are receiving Illinois Cares RX or Circuit Breaker Coverage -You must reapply or if your household income for 2008 is \$22,218 single or \$29,480 couple you qualify for this program. Call Maine Township General Assistance Office for an appointment at 847-297-2510 #236.

# **MARCH REGISTRATION FORM**

**1. Complete form, sign name and detach entire registration form. If you are signing up another member we must also have their registration form. Please do not staple checks!**

**2. Mail Only (No walk-ins or phone reservations) to:**

**Maine Township MaineStreamers (M.T.M.S.)  
1700 Ballard Road  
Park Ridge, IL 60068**

**3. Enclose a separate check and/or coupons for each event and make checks payable to M.T.M.S.**

**All classes/programs/events are at the Town Hall unless designated otherwise. Indicate number attending each event by placing the number in the space before each event:**

## **Recreational Activities**

- \_\_\_ Bingo at Town Hall - Thursday, March 5 - \$2.00 or 2 Coupons  
\_\_\_ Bingo at Oakton Arms - Friday, March 20 - \$2.00 or 2 Coupons  
\_\_\_ "Cruisin' the Maine Seas" Luncheon - Wed., March 11 - \$15.00 members/\$16.00 guests + \$2.50 FISH \_\_\_  
\_\_\_ Movie of the Month - "Mama Mia" - Tuesday, March 17 - \$2.00 or 2 coupons  
\_\_\_ Pinochle Tournament - Wednesday, March 18 - \$6.00 members/\$7.00 guests  
\_\_\_ Women's Tea - Thursday, March 26 - \$3.00  
\_\_\_ Hooked on Fishing Kick Off - Thursday, March 26 - No Charge

## **Classes**

- \_\_\_ Basic Card Making Class - Tuesday, March 3 - \$10.00  
\_\_\_ Computer Workshop "Intermediate Computer Skills" - Friday, March 13 - \$15.00  
\_\_\_ Tai Chi - \$40.00 for 8 classes

## **Informative Programs**

- \_\_\_ Overcoming Grief - Tuesday, March 3 - No Charge  
\_\_\_ S.A.L.T Program - Tuesday, March 17 - No Charge

**Day Trips Please remember to send a self-addressed, stamped envelope for each trip!**

- \_\_\_ "Millie's and Yerkes" Trip - Friday, April 3 - \$47.00 members/\$52.00 guests ☐  
\_\_\_ "Guys and Dolls" Trip - Thursday, April 16 - \$82.00 members/\$87.00 guests ☐  
\_\_\_ "Simply Ballroom" Trip - Saturday, April 25 - \$90.00 members/\$95.00 guests ☐

**Special Needs: Wheelchair Accessibility, Visual/Audio aids, Special Dietary Needs etc..)  
Please Specify:**

**Please seat me with (limit 1):** \_\_\_\_\_

**Print**

**Name:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_